



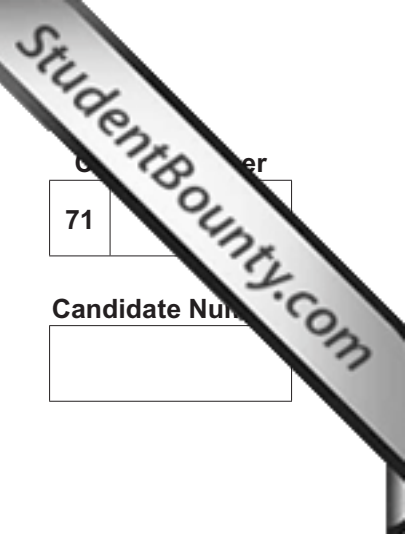
General Certificate of Secondary Education  
January 2014

## Health and Social Care Single Award

Unit SA2: Personal Development

[GHS21]

FRIDAY 10 JANUARY, AFTERNOON



### TIME

1 hour 30 minutes.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.  
Write your answers in the spaces provided in this question paper.  
Answer **all five** questions.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.  
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.  
Quality of written communication will be assessed in questions **2, 4(d) and 5(a)**.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
<b>Total Marks</b>	

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1 Harry, aged 58, and Lily, aged 59, have been married for thirty years.

Examiner Only	
Marks	Remark

(a) (i) Harry and Lily are in the life stage of \_\_\_\_\_ adulthood which is \_\_\_\_\_ to 64 years. [2]

(ii) Write down the four life stages Harry and Lily have already passed through.

1. \_\_\_\_\_ [1]
2. \_\_\_\_\_ [1]
3. \_\_\_\_\_ [1]
4. \_\_\_\_\_ [1]

(b) (i) Write down the type of relationship between Harry and Lily. \_\_\_\_\_ [1]

(ii) Harry and Lily have a good relationship and enjoy spending time together.

Explain two different ways this may have a positive effect on their emotional development.

1. \_\_\_\_\_ [2]

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_ [2]

\_\_\_\_\_

\_\_\_\_\_

(c) Discuss the expected pattern of physical development during middle adulthood.

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[3]

(d)



Lily will be retiring from her job as a librarian at the end of the year.

(i) Discuss how retirement may have a positive effect on Lily's personal development.

Effect on physical development

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[3]

Examiner Only	
Marks	Remark

Effect on intellectual development

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Effect on emotional development

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Effect on social development

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

(ii) Explain how the Citizens Advice Bureau may support Lily at the time of her retirement.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(e)



The local health centre has invited all men aged 50 and over for a health check.

Explain how attending this health check may have a positive effect on Harry's physical and mental health.

Effect on physical health

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[2]

Effect on mental health

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[2]

Examiner Only	
Marks	Remark

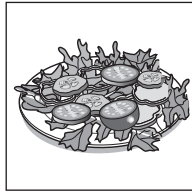
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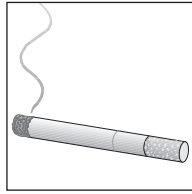
2 The behavioural factors below affect the development of individuals.



Exercise



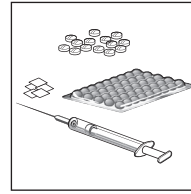
Diet



Smoking



Alcohol



Drugs

Choose two behavioural factors and analyse how they may affect the physical, emotional and social development of individuals.

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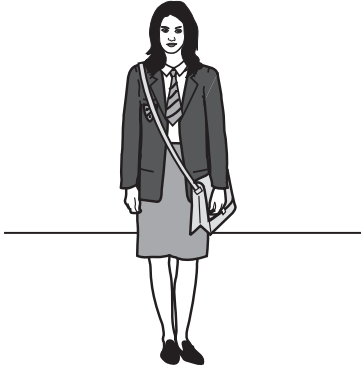
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Examiner Only	
Marks	Remark







Irena, aged 14, and her family have moved from Lithuania to Northern Ireland. Irena’s parents have well paid jobs. The family lives in a large, well maintained house and Irena has her own bedroom.

(a) Use the information above to discuss how each of the following factors may affect Irena’s level of education.

Culture/ethnicity

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[3]

Income

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[3]

Examiner Only	
Marks	Remark

Housing conditions

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[3]

(b) Explain how Irena’s appearance may have a positive effect on her self-concept.

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[2]

(c) Write down three examples of Irena’s physical development during her current life stage.

1. \_\_\_\_\_

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2. \_\_\_\_\_

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3. \_\_\_\_\_

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[1]

[1]

[1]

Examiner Only	
Marks	Remark

4 Ciara, aged 7, and Luke, aged 4, live with their parents.

(a) Explain three different ways you would expect Ciara to develop intellectually during her current life stage.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

**(b) (i)** Discuss how starting school may have a positive effect on Luke's social development.

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[3]

**(ii)** Explain how each of the following sources of support may have helped Luke cope with starting school.

His family \_\_\_\_\_

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[2]

His teacher \_\_\_\_\_

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[2]

**(c)** In the table below write down the types of relationships Ciara has with these people.

Ciara's relationship with	Type of relationship
Luke	
Her teacher	

[2]

Examiner Only	
Marks	Remark

[Turn over







Keith and Zara have recently had a baby boy.

- (a) Using the following headings evaluate how personal development can be affected by becoming a parent.

Intellectual development

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Examiner Only	
Marks	Remark



Emotional development

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Social development

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[12]

Examiner Only	
Marks	Remark

**[Turn over**

(b) Discuss how Keith and Zara's friends may help them cope with the life change of becoming parents.

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[6]

Examiner Only	
Marks	Remark

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**THIS IS THE END OF THE QUESTION PAPER**

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