



Centre Number

71

Candidate Number

General Certificate of Secondary Education
January 2015

Health and Social Care Single Award

Unit SA2: Personal Development

[GHS21]

ML

THURSDAY 15 JANUARY, MORNING

TIME

1 hour 30 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in questions **2(c)(i)**, **3(a)(iii)** and **3(b)(i)**.

For Examiner's
use only

Question Number	Marks
1	
2	
3	

Total
Marks

1 Mathew is 20 years old. He is a young adult. (Early adulthood is the age range 19–39 years old)

(a) Fill in the table below to show the life stages Mathew has already gone through.

Life Stage	Age Range
[1]	from _____ to _____ years [2]
[1]	from _____ to _____ years [2]
[1]	from _____ to _____ years [2]

[9]

(b) What are the expected patterns of **physical development** in early adulthood? Write down what you know about this.

[3]

What are the expected patterns of **intellectual development** in early adulthood? Write down what you know about this.

[3]

Examiner Only	
Marks	Remark

What are the expected patterns of **emotional development** in early adulthood? Write down what you know about this.

[3]

What are the expected patterns of **social development** in early adulthood? Write down what you know about this.

[3]

(c) Mathew enjoys his job as a plumber.



How might Matthew's employment (working as a plumber) be good for his self-esteem?

[2]

Examiner Only

Marks Remark

(d) Most weekends Mathew goes to a nightclub. Some of his friends drink a lot of alcohol. He is very worried about this.

Explain three different ways that alcohol abuse may affect the physical health of a person.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

(e) Explain how **age** may have a positive effect on Mathew's self concept.

_____ [2]

Explain how **appearance** may have a positive effect on Mathew's self concept.

_____ [2]

Examiner Only	
Marks	Remark

2 The Vasile family consists of Daniel aged 36, his wife Isabella aged 34 and three children, Maria aged 2, Anton aged 7 and Marius aged 11.

(a) Write down two life changes both Daniel and Isabella have experienced.

1. _____ [1]

2. _____ [1]

(b) Fill in the table below to show the types of relationships Isabella has.

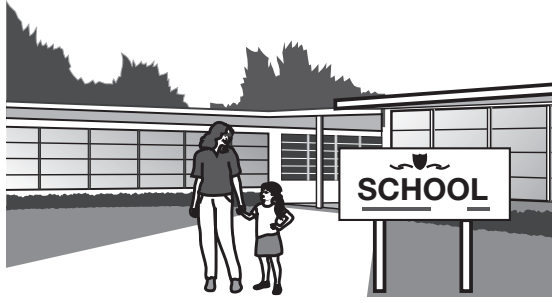
Isabella's relationship with	Type of relationship
Her husband	
Her children	

[2]

Examiner Only

Marks Remark

(ii)



Maria will be starting school next year. Discuss how this life change may affect a child's **emotional development** in a positive way.

[3]

Discuss how this life change may affect a child's **intellectual development** in a positive way.

[3]

Examiner Only	
Marks	Remark

(iii) Some people may need help to deal with life changes.

What **emotional support** can Maria's family give to her when she starts school?

 [2]

What **advice** can Maria's family give to her when she starts school?

 [2]

What **practical help** can Maria's family give to her when she starts school?

 [2]

Examiner Only	
Marks	Remark

(d)



Anton enjoys bouncing on the trampoline and playing in a football team with his friends. Explain how taking exercise may affect Anton's **physical development** in a positive way.

[2]

Explain how taking exercise may affect Anton's **social development** in a positive way.

[2]

Examiner Only	
Marks	Remark

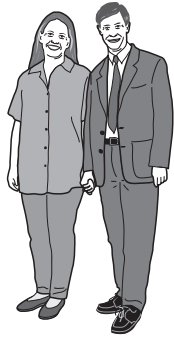
(e)



Discuss how education may affect Marius's self-concept.

[3]

Examiner Only	
Marks	Remark



Jack and Molly, both aged 55, are in the life stage of middle adulthood.

- (a) (i) Discuss the expected pattern of physical development during middle adulthood.

[3]

Examiner Only	
Marks	Remark

- (ii) Jack and Molly have good relationships with their children and grandchildren and enjoy spending time with them.

Discuss how these relationships may affect Jack's and Molly's **emotional development** in a positive way.

[3]

Discuss how these relationships may affect Jack's and Molly's **social development** in a positive way.

[3]

Examiner Only	
Marks	Remark

(iii) Jack and Molly both have jobs which are well paid.

Use the table below to explain how having a high paid job may affect their development.

Physical development
Intellectual development

Examiner Only	
Marks	Remark

Emotional development

Social development

[12]

Examiner Only	
Marks	Remark

Examiner Only	
Marks	Remark

[9]

(ii)



Explain one way that a healthcare professional may help Lily deal with her illness.

[2]

THIS IS THE END OF THE QUESTION PAPER

Permission to reproduce all copyright material has been applied for.
In some cases, efforts to contact copyright holders may have been unsuccessful and CCEA
will be happy to rectify any omissions of acknowledgement in future if notified.