



General Certificate of Secondary Education
2015

Centre Number

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Candidate Number

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Health and Social Care: Single Award

Unit SA2: Personal Development

MV18

[GHS21]

FRIDAY 12 JUNE, MORNING

TIME

1 hour 30 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper. Answer **all three** questions.

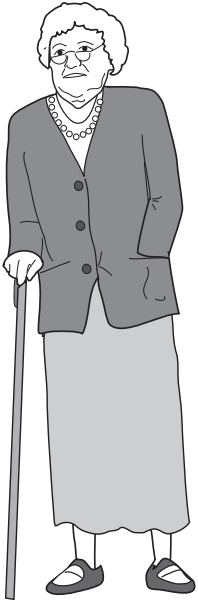
INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in questions **2(b)**, **2(e)(i)** and **3(e)**.

1



Rachel is 82 years old.

(a) Rachel is in the life stage of later adulthood which is _____ + years. [1 mark]

(b) (i) Write down four examples of physical development during later adulthood. [1 mark for each example]

1. _____
2. _____
3. _____
4. _____

(ii) Discuss the expected pattern of intellectual development during this life stage. [3 marks]

(c) Rachel's health and well-being is affected by a range of factors.

Discuss how the following factors may positively affect Rachel's physical health and well-being.

Housing conditions [3 marks]

Access to health services [3 marks]

(d) Identify four different types of relationships Rachel may have had throughout her life.

[1 mark for each relationship]

1. _____
2. _____
3. _____
4. _____

(e) Use the table below to explain how Rachel's age could affect her self-concept.

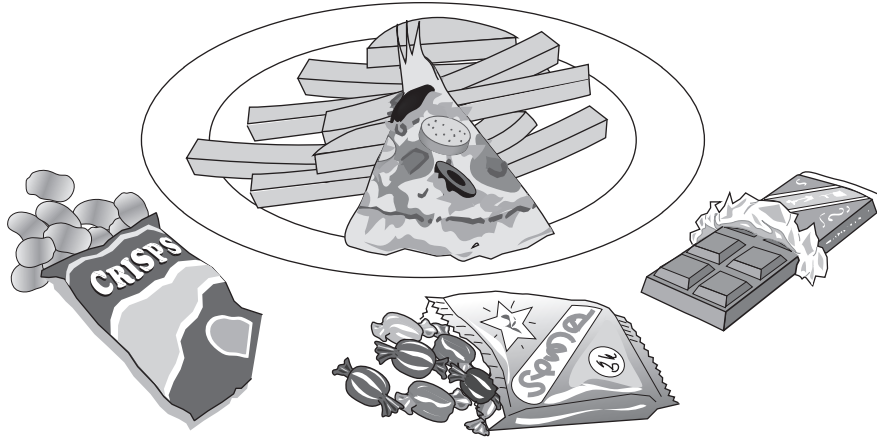
Positive effect	Negative effect
[2 marks]	[2 marks]

(f) Alicia, aged 5, is Rachel's great-granddaughter.

(i) Alicia is in the life stage of _____ .
[1 mark]

(ii) Discuss the expected pattern of emotional development during Alicia's current life stage.
[3 marks]

(iii)



Alicia snacks on chocolate, sweets and crisps. She rarely eats fruit or vegetables and her favourite dinner is pizza and chips.

Explain three different ways Alicia's physical health may be affected by her diet. [2 marks for each]

1. _____

2. _____

3. _____

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(Questions continue overleaf)

2 Jamie, Carolina, Paul and Julieta, all aged seventeen, are good friends. They are in the same form class at school.

(a) The friends are in the life stage of adolescence which is from

_____ years to _____ years. [2 marks]

(b) Discuss the expected patterns of growth and development during this life stage. [12 marks]

(c)



Jamie smokes twenty cigarettes a day.

Discuss how this may affect his physical health and well-being. [3 marks]

(d) Carolina moved from Hungary to Northern Ireland six months ago.

Explain how Carolina's culture/ethnicity may have a negative effect on her self-esteem and level of education.

Effect on self-esteem [2 marks]

Effect on level of education [2 marks]

(e) Paul hopes to get a job when he leaves school.

(i) Discuss how getting a job may positively affect Paul's emotional, intellectual and social development. [9 marks]

Emotional development

Intellectual development

Social development

(ii) Explain how a bank (professional service) may help Paul cope with the life change of getting a job.
[2 marks]

(f) Genetic inheritance affects the growth and development of an individual.

Explain two different ways growth and development may be affected by genetic inheritance. [2 marks for each way]

1. _____

2. _____

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(Questions continue overleaf)

3 Colin and Monica, both aged 38, have been married for ten years. During the past two years Monica has been very abusive to Colin by shouting, making hurtful remarks and hitting him.

(a) Colin and Monica are in the life stage of early adulthood which is

_____ to _____ years. [2 marks]

(b) Use the information above to write down one life change both Colin and Monica have experienced. [1 mark]

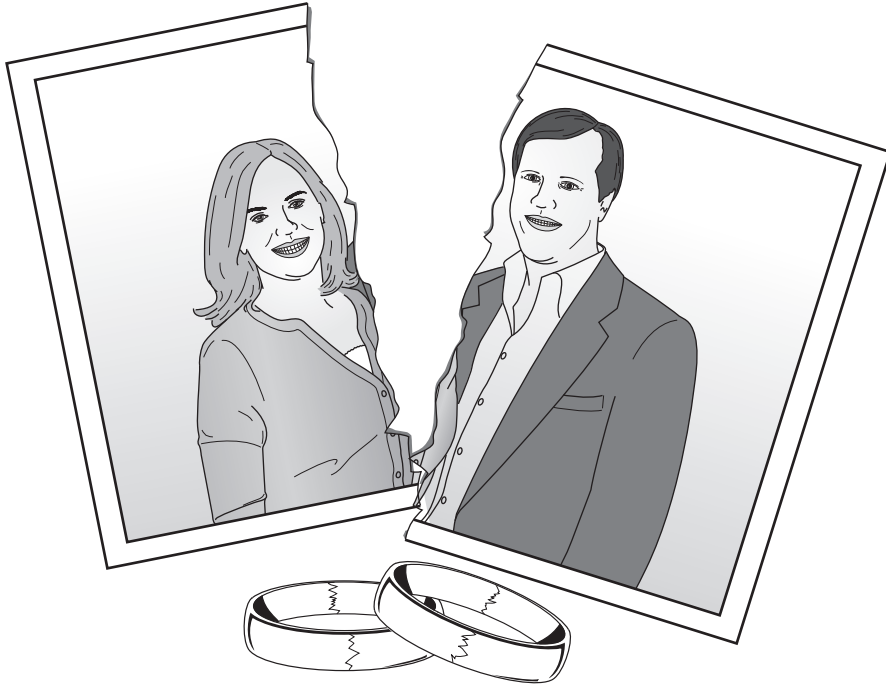
(c) Discuss the expected pattern of social development during early adulthood. [3 marks]

(d) Discuss how Colin's physical and emotional development may be affected by the abuse he is experiencing.

Physical development [3 marks]

Emotional development [3 marks]

(e)



Colin and Monica are getting a divorce. Evaluate how divorce may affect an individual's personal development.
[12 marks]

(f) (i) Colin may need support to help him cope with the effects of divorce.

Explain three types of support Colin’s family and friends may provide to help him cope.

[2 marks for each]

1. _____

2. _____

3. _____

(ii) Identify two other sources of support that may help Colin to cope with the effects of divorce. [1 mark for each source]

1. _____
2. _____

THIS IS THE END OF THE QUESTION PAPER

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Question Number	Marks
1	
2	
3	
Total Marks	

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