

Please write clearly in	block capitals.		
Centre number		Candidate number	
Surname			
Forename(s)			
Candidate signature)

GCSE PHYSICAL EDUCATION

Paper 2 Socio-cultural influences and well-being in physical activity and sport

Friday 17 May 2019

Afternoon

Time allowed: 1 hour 15 minutes

Materials

For this paper you may use:

· a calculator.

Instructions

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer all questions.
- You must answer questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
 - use good English
 - organise information clearly
 - use specialist vocabulary where appropriate.

For Examiner's Use	
Mark	



Only one answer per question is allowed.	
For each answer completely fill in the circle alongside the appropriate answer.	
CORRECT METHOD WRONG METHODS © © © ©	
If you want to change your answer you must cross out your original answer as shown.	
If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.	
0 1 Which one of these is the 'A' in SMART targets of goal setting?	
[1 mark]	
A Accepted	
B Accountable	
C Aimed	
D Appropriate	
	1
0 2 Which one of these is largely responsible for growth and repair of muscle tissue? [1 mark]	
A Carbohydrates	
B Fat	
C Protein	
D Vitamins	
	1



			1
0 3	Which one of these is an example of mechanical guidance?	[1 mark]	Do not writ outside the box
	A Holding a performer's wrist in tennis to guide them through a shot.	0	
	B Showing a performer where their foot needs to be when bowling in cricket.	0	
	C Using a trampoline harness to practise a front somersault.	0	
	D Watching video footage of a gymnastics performance on a DVD.	0	
			1
0 4	Which one of these is an example of a self-paced skill?	[1 mark]	
	A Marking an opponent in football.		
	B Performing a triple jump.	0	
	C Receiving a tennis serve.	0	
	D Tackling an opponent in rugby.	0	
			1
0 5	Which one of these somatotypes is most suited to the high jump?	[1 mark]	
	A Ectomorph		
	B Endomorph	0	
	C Mesomorph	0	
			1
	Turn over for the next question		

Turn over ►



0 6.1	Define gamesmanship and sportsmanship.	[2 marks]
	Gamesmanship	
	Sportsmanship	
0 6 . 2	Describe two different examples of sportsmanship.	
0 0 . 2	1	[2 marks]
	2	
0 6.3	Identify two positive effects of having spectators at a sporting event.	[2 marks]
	1	
	2	



	5		
0 6 . 4	Explain why the following may lead to hooliganism at football matches.	[4 marks]	Do no outsi
	Alcohol/drugs		
	Gang culture		
			1
	Turn over for the next question		

rite the

Turn over ▶



0 7.1	Explain the relationship between sport, sponsorship and the media.	[3 marks]	Do not write outside the box
0 7.2	Outline three negative impacts of commercialisation in sport on spectators		
<u> </u>	1	[3 marks]	
	2		
	3		
0 7.3	Outline three positive impacts of commercialisation in sport on performers . 1	[3 marks]	
	2		
	3		
			9



Figure 1 shows the basic information processing model. 0 8 Figure 1 Input **Decision making** Feedback 0 8 Identify the missing stage of the basic information processing model in Figure 1. [1 mark] Using a named skill from a sport, explain what happens at the following stages of the 8 basic information processing model: input · decision making. [4 marks] Input Decision making

Turn over ▶

Do not write outside the

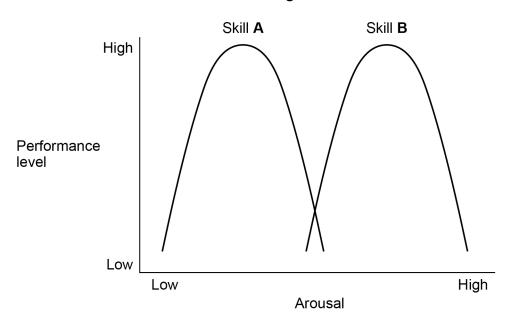


0 8.3	A performer can receive feedback extrinsically or intrinsically.	Do not write outside the box
	Justify why extrinsic feedback would be more beneficial for a beginner in a sport. [4 marks]	
		9



0 9 Figure 2 shows inverted-U graphs for two different sporting skills.

Figure 2



0 9. 1	State a skill from a sporting activity for both Skill A and Skill B shown in Figure 2 . [2 marks]
	Skill A
	Skill B
0 9.2	Mental rehearsal, visualisation and imagery are all stress management techniques.
	Identify and describe two other stress management techniques. [4 marks]
	Technique 1
	Technique 2

6

Turn over ▶



1 0

Table 1 shows statistics relating to the number of positive drugs tests at the summer Olympic Games from 1992 until 2012.

Table 1

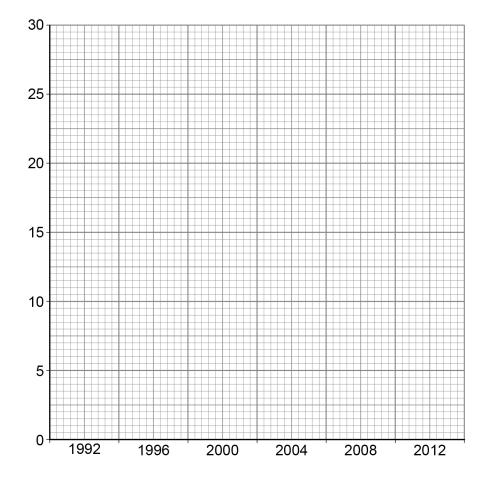
Year	Place	Number of positive tests recorded during the Olympic Games
1992	Barcelona	5
1996	Atlanta	2
2000	Sydney	11
2004	Athens	26
2008	Beijing	25
2012	London	9

1 0 . 1

Draw a bar chart on the graph paper below to show the number of positive tests recorded at each Olympic Games.

Label the axes.

[2 marks]





1 0 . 2

Many performance enhancing drugs (PEDs) are not allowed in sport. However, some performers still take them because of the positive effect that they have on their bodies.

Complete **Table 2** to identify the correct PED or positive effect on the performer's body.

[4 marks]

Table 2

PED	Positive effect on the performer's body
Anabolic agents	
	Increase in mental and physical alertness
Diuretics	
	Reduce the feeling of pain

1 0 . 3	Joel, a young professional footballer, is struggling to make progress into the first team
	at his club. A friend has suggested that he takes PEDs.

before deciding whether to take PEDs.	needs to consider
	[5 marks]

11





1 1	Skills in sport can be classified in different ways.	Do not write outside the box
11.1	Define the term 'closed skill'. [1 mark]	
1 1.2	Give one sporting example of an open skill. Justify your choice.	
	Sporting example	



1 1.3	Outline the difference between basic and complex skills.	Do not write outside the box
	Use sporting examples in your answer. [4 marks]	
1 1.4	Outline the difference between performance and outcome goals.	
	Use sporting examples in your answer. [4 marks]	

Turn over for the next question

13

Turn over ▶



1 2	Evaluate the use of technology in relation to its effect on officials and sport.	[6 marks]	Do not write outside the box
	Extra space		
			6



1 3	Jane has become increasingly inactive since she left school and started wor office. She has recently been to see her doctor for a health check and she classified as being obese.	
	Identify factors that could have caused Jane to become inactive and obese.	
	Justify your choices.	[9 marks]



Turn over ▶

Do not write outside the box

Extra space	
Extra space	

END OF QUESTIONS

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