



**Surname** \_\_\_\_\_

**Other Names** \_\_\_\_\_

**Centre Number** \_\_\_\_\_

**Candidate Number** \_\_\_\_\_

**Candidate Signature** \_\_\_\_\_

**GCSE**

**PHYSICAL EDUCATION**

**Paper 2 Socio-cultural influences and well-being in  
physical activity and sport**

**8582/2**

**Friday 17 May 2019          Afternoon**

**Time allowed: 1 hour 15 minutes**

**For this paper you may use:**

- a calculator.

**At the top of the page, write your surname and other names, your centre number, your candidate number and add your signature.**

**[Turn over]**



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## INSTRUCTIONS

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Answer ALL questions.
- You must answer questions in the spaces provided. Do not write on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

## INFORMATION

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
  - use good English
  - organise information clearly
  - use specialist vocabulary where appropriate.

**DO NOT TURN OVER UNTIL TOLD TO DO SO**

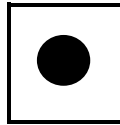


Answer ALL questions.

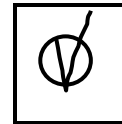
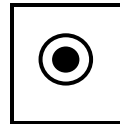
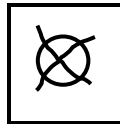
Only ONE answer per question is allowed.

For each answer completely fill in the circle alongside the appropriate answer.

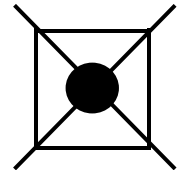
**CORRECT METHOD**



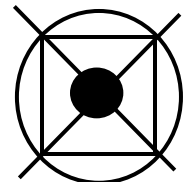
**WRONG METHODS**



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0 1

Which ONE of these is the 'A' in SMART targets of goal setting? [1 mark]

A Accepted

B Accountable

C Aimed

D Appropriate

1

0 2

Which ONE of these is largely responsible for growth and repair of muscle tissue? [1 mark]

A Carbohydrates

B Fat

C Protein

D Vitamins

1

[Turn over]



0 3

Which ONE of these is an example of mechanical guidance? [1 mark]

**A** Holding a performer's wrist in tennis to guide them through a shot.

**B** Showing a performer where their foot needs to be when bowling in cricket.

**C** Using a trampoline harness to practise a front somersault.

**D** Watching video footage of a gymnastics performance on a DVD.

1



0 4

Which ONE of these is an example of a self-paced skill? [1 mark]

A Marking an opponent in football.

B Performing a triple jump.

C Receiving a tennis serve.

D Tackling an opponent in rugby.

1

0 5

Which ONE of these somatotypes is most suited to the high jump? [1 mark]

A Ectomorph

B Endomorph

C Mesomorph

1

[Turn over]



**0 6 . 1** Define gamesmanship and sportsmanship.  
[2 marks]

**Gamesmanship** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Sportsmanship** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**0 6 . 2** Describe TWO different examples of sportsmanship. [2 marks]

**1** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





**0 6 . 3** Identify TWO positive effects of having spectators at a sporting event. [2 marks]

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**[Turn over]**

**06.4 Explain why the following may lead to hooliganism at football matches. [4 marks]**

**Alcohol/drugs** \_\_\_\_\_

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**Gang culture** \_\_\_\_\_

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[Turn over]

10



**0** **7** . **1** Explain the relationship between sport, sponsorship and the media. [3 marks]

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**07.2** Outline **THREE** negative impacts of commercialisation in sport on **SPECTATORS**.  
**[3 marks]**

**1** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**[Turn over]**



**0 7 . 3** Outline **THREE** positive impacts of commercialisation in sport on **PERFORMERS**. [3 marks]

**1** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2** \_\_\_\_\_

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**3** \_\_\_\_\_

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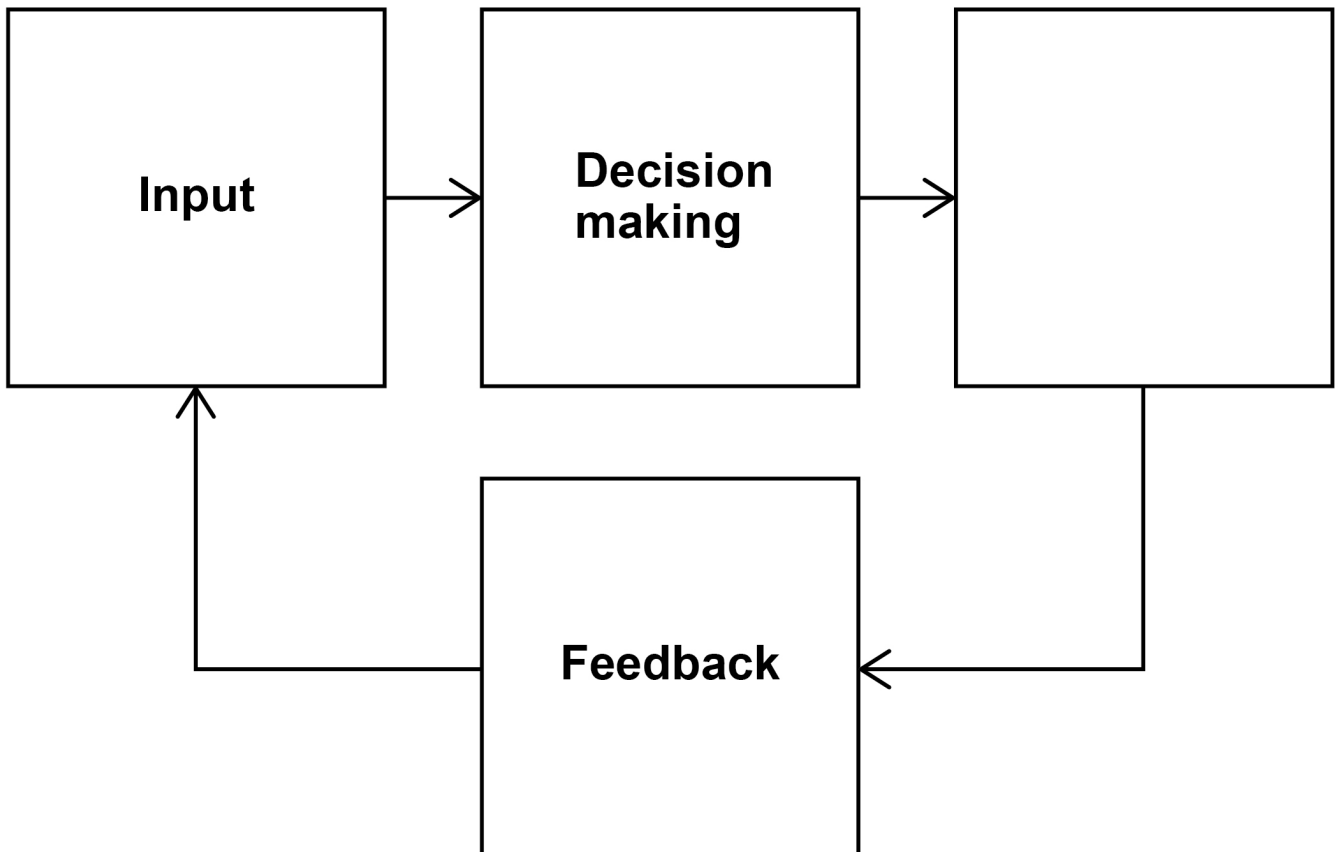
<b>9</b>



08

FIGURE 1 shows the basic information processing model.

FIGURE 1



08

. 1

Identify the missing stage of the basic information processing model in FIGURE 1. [1 mark]

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[Turn over]



**0 8 . 2** Using a named skill from a sport, explain what happens at the following stages of the basic information processing model:

- input
- decision making.

[4 marks]

Input \_\_\_\_\_

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**Decision making** \_\_\_\_\_

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**[Turn over]**



**0 8 . 3** A performer can receive feedback extrinsically or intrinsically.

**Justify why extrinsic feedback would be more beneficial for a beginner in a sport. [4 marks]**

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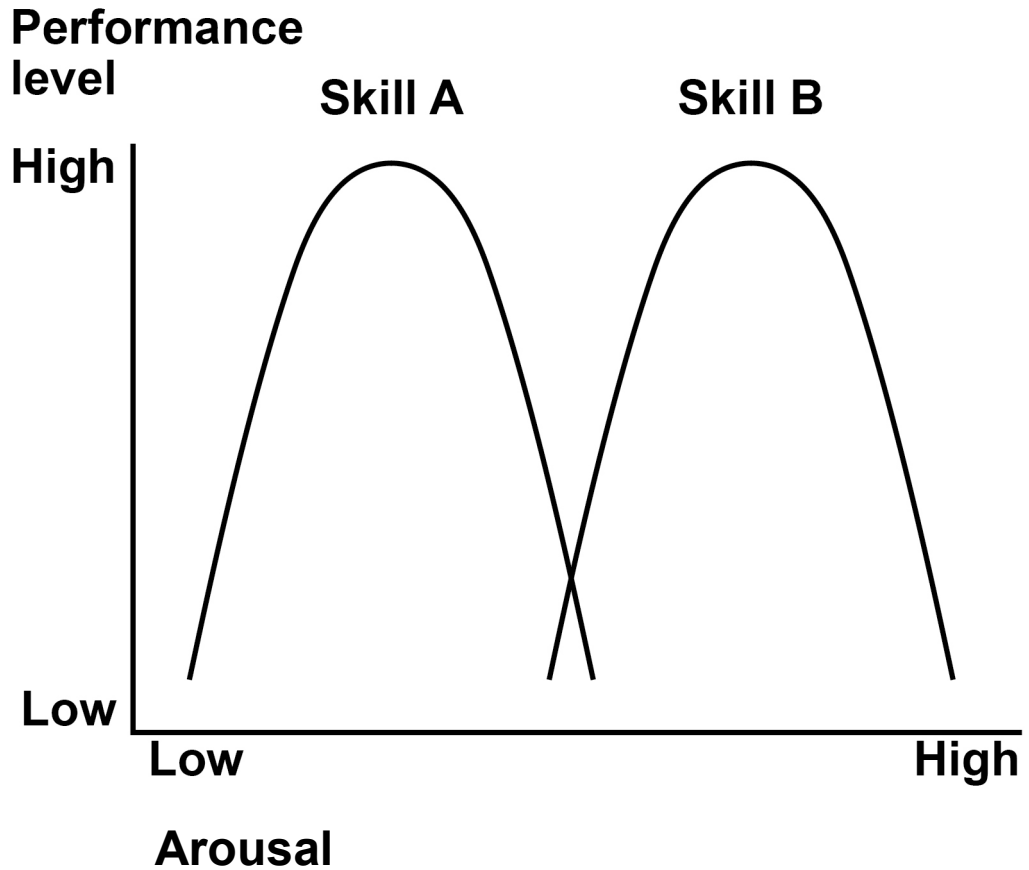
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09

FIGURE 2 shows inverted-U graphs for two different sporting skills.

FIGURE 2



09.1

State a skill from a sporting activity for both Skill A and Skill B shown in FIGURE 2. [2 marks]

Skill A \_\_\_\_\_

\_\_\_\_\_

Skill B \_\_\_\_\_

\_\_\_\_\_



**09.2** Mental rehearsal, visualisation and imagery are all stress management techniques.

**Identify and describe TWO other stress management techniques. [4 marks]**

**Technique 1** \_\_\_\_\_

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**Technique 2** \_\_\_\_\_

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**[Turn over]**

<b>6</b>



1 0

**TABLE 1 shows statistics relating to the number of positive drugs tests at the summer Olympic Games from 1992 until 2012.**

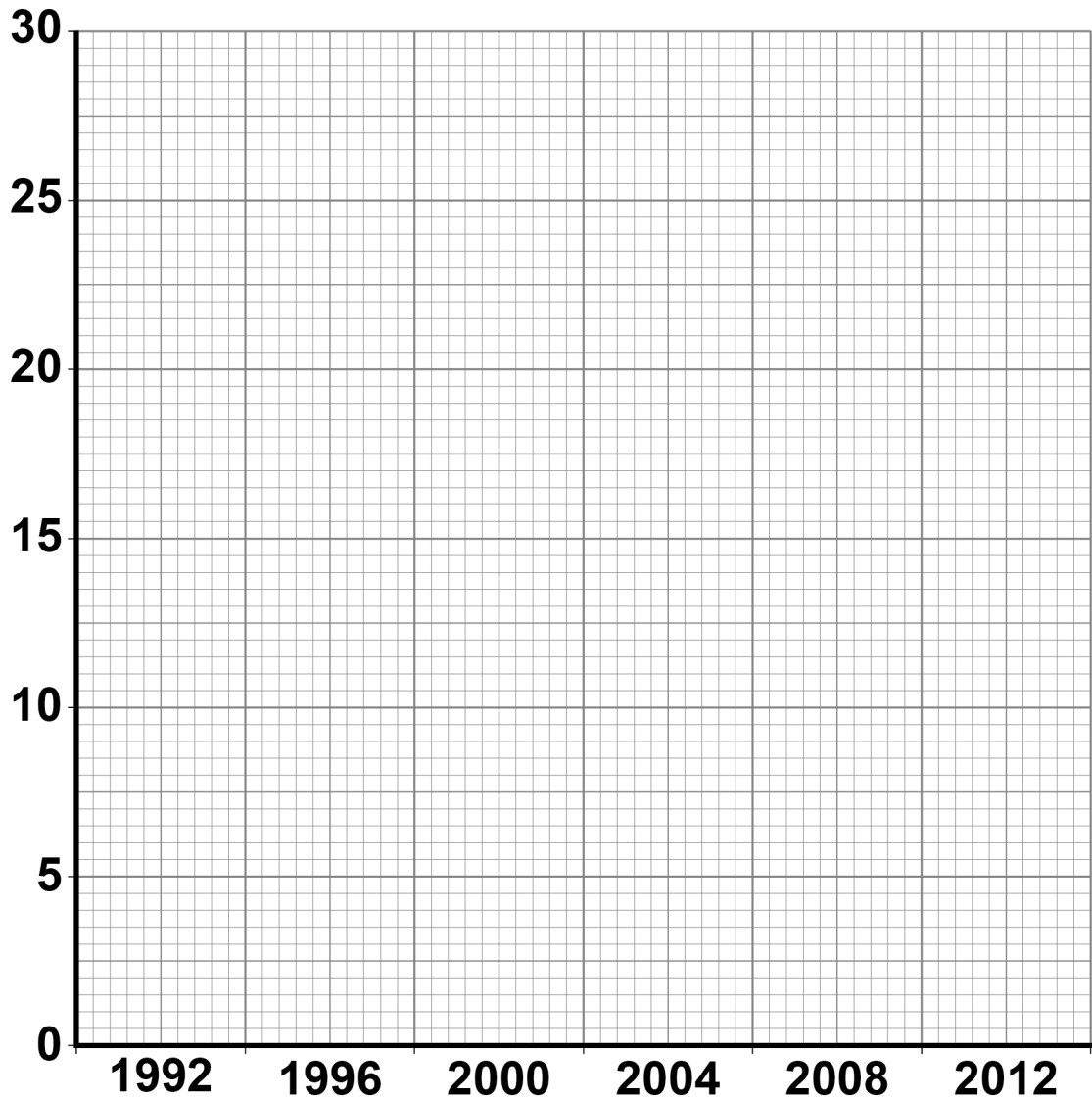
**TABLE 1**

<b>Year</b>	<b>Place</b>	<b>Number of positive tests recorded during the Olympic Games</b>
<b>1992</b>	<b>Barcelona</b>	<b>5</b>
<b>1996</b>	<b>Atlanta</b>	<b>2</b>
<b>2000</b>	<b>Sydney</b>	<b>11</b>
<b>2004</b>	<b>Athens</b>	<b>26</b>
<b>2008</b>	<b>Beijing</b>	<b>25</b>
<b>2012</b>	<b>London</b>	<b>9</b>



- 10.1** Draw a bar chart on the graph paper below to show the number of positive tests recorded at each Olympic Games.

**Label the axes. [2 marks]**



**[Turn over]**



- 10.2** Many performance enhancing drugs (PEDs) are not allowed in sport. However, some performers still take them because of the positive effect that they have on their bodies.

Complete **TABLE 2** to identify the correct PED or positive effect on the performer's body.  
[4 marks]

**TABLE 2**

<b>PED</b>	<b>Positive effect on the performer's body</b>
<b>Anabolic agents</b>	
	<b>Increase in mental and physical alertness</b>
<b>Diuretics</b>	
	<b>Reduce the feeling of pain</b>





1 0 . 3

Joel, a young professional footballer, is struggling to make progress into the first team at his club. A friend has suggested that he takes PEDs.

**Discuss the possible advantages AND disadvantages that Joel needs to consider before deciding whether to take PEDs.**  
**[5 marks]**

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[Turn over]



1 1

**Skills in sport can be classified in different ways.**

1 1

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**Define the term 'closed skill'. [1 mark]**

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1 1

. 2

**Give ONE sporting example of an open skill.**

**Justify your choice. [4 marks]**

**Sporting example** \_\_\_\_\_

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**[Turn over]**



**1 1 . 3** Outline the difference between basic and complex skills.

**Use sporting examples in your answer.  
[4 marks]**

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**1 | 1 | 4** Outline the difference between performance and outcome goals.

**Use sporting examples in your answer.  
[4 marks]**

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[Turn over]



1 2

**Evaluate the use of technology in relation to its effect on officials AND sport. [6 marks]**

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<b>6</b>





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**[Turn over]**



1 3

**Jane has become increasingly inactive since she left school and started work in an office. She has recently been to see her doctor for a health check and she was classified as being obese.**

**Identify factors that could have caused Jane to become inactive and obese.**

**Justify your choices. [9 marks]**

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**END OF QUESTIONS**

<b>9</b>



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For Examiner's Use	
Question	Mark
1	
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11	
12	
13	
<b>TOTAL</b>	

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