

# Rewarding Learning

#### **ADVANCED**

General Certificate of Education January 2009

Ce	ntre Number
71	
Can	didate Number

## **Health and Social Care**

Assessment Unit A2 12

assessing

Unit 12: Understanding Human Behaviour

[A6H61]

**THURSDAY 22 JANUARY, MORNING** 



## TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper. Answer **all three** questions.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in **all** questions. Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only				
Question Number	Marks			
1				
2				
3				

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ind	ividı	ing to government statistics in 2006/2007 around 530,000 hals in Britain believed that they were experiencing work-related a level that was making them ill. ( <a href="www.hse.gov.uk/statistics">www.hse.gov.uk/statistics</a> )	Ex Mai	aminer Only rks Remark
(a)		ite down three symptoms that would suggest an individual is fering from stress.		
	1		[1]	
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	3		[1]	
(b)		m the biological perspective, stress and its treatment are viological.  Explain how each of the following different types of drugs work	s to	
	(-)	alleviate stress.		
		Beta blockers		
			[2]	
		Anti-depressants		
			[2]	

	Discuss how biofeedback works to alleviate stress		Examin Marks	Remark
			Marks	Keman
	[3]	]		
	cuss how Rogers' humanistic theory can contribute to understanding	5		
and	treating stress.			
Unc	lerstanding			

		Examine	
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Treating		Examin Marks	er Only Remark
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d)	Explain two limitations of humanistic therapy.			
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might cor	dual's occupa stribute to stre ght contribut	ess. Analyse	one socio- e how any	economic to other <b>four</b>	factor that socio-econo	mic	Examin Marks	er Oi Rer

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2	and He to e agg	ry, aged 45, has become concerned about his aggressive feelings behaviour and has asked his GP to refer him to a psychologist. is determined to get help so that his wife and children don't have xperience the family life he had as a child. His father was a very ressive and domineering man who took all decisions. Terry and his thers lived in fear of him and did what he said to avoid his anger.		Examin Marks	er Only Remark
	(a)	Define the following concepts in Bandura's Social Learning Theory and apply them to Terry's aggression.			
		Modelling			
		Definition of modelling			
			[2]		
		Application to Terry's aggression			
			[2]		

	Identification		Examin Marks	er Only Remark
	Definition of identification			
		[2]		
	Application to Terry's aggression			
		[2]		
)	From the social perspective, Terry could benefit from modelling therapy or social skills training. Discuss how each of these could hel Terry to control his aggression.	р		
	Modelling therapy			
		[3]		

	lls training		Marks	er On Rem
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		[3]		
Discuss ho	ow Skinner's theory of operant conditioning might explain			
Terry's ag	gression.			
	gression.	_		
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		Examiner	
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Sig	mund Freud at the beginning of the last century, contributes to derstanding and treating clients with a range of problems.		Examine Marks	er Only Remark
(a)	Analyse how the psychoanalytic perspective can contribute to understanding and treating a young adult with arachnophobia (fear of spiders).			
	Understanding			
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Treating	ļ	Examin	er Only
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(c)	Explain three limitations of the psychoanalytic approach to treating clients.	Examiner Only  Marks Remark
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	THIS IS THE END OF THE QUESTION PAPER	_

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