



Rewarding Learning
ADVANCED
 General Certificate of Education
 2009

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit A2 12

assessing

Unit 12: Understanding Human Behaviour

[A6H61]



TUESDAY 9 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in **all** questions.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

--

1 “On the surface, eating disorders appear to be about food, or rather the misuse of food, but there are usually much more complex, emotional, unresolved issues underneath. Eating disorders are psychological illnesses which have an impact on both physical and mental health.”
(www.disordered-eating.co.uk)

Examiner Only	
Marks	Remark

(a) Write down four behaviours that would suggest an individual has an eating disorder.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

(b) Explain two differences between anorexia nervosa (AN) and bulimia nervosa (BN).

1. _____

_____ [2]

2. _____

_____ [2]

(c) Discuss how each of the following socio-economic factors may influence eating disorders.

Gender

[3]

Media

[3]

Examiner Only	
Marks	Remark

Class

[3]

Family

[3]

Examiner Only	
Marks	Remark

(d) Analyse how the psychoanalytic perspective contributes to understanding and treating eating disorders.

Understanding

Lined area for writing the answer.

Examiner Only	
Marks	Remark

Blank lined area for writing the answer.

[9]

Treating

Blank lined area for writing the answer.

Examiner Only	
Marks	Remark

2 Carol, aged 26, has a phobia of dogs, which means that the thought of being in a public park makes her extremely anxious and frightened. Recently, she has become so afraid that she will only leave her home by car. Carol's husband has persuaded her to seek help. He is worried because Carol's mother has had the same phobia for many years and shows no signs of getting better.

(a) Write down three symptoms Carol may experience when she sees a dog.

1. _____ [1]

2. _____ [1]

3. _____ [1]

(b) Carol's husband would prefer that she is referred to a psychologist for therapy rather than taking drugs to relieve her symptoms. Explain two reasons for his preference.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(d) Discuss how Carol could be treated using modelling therapy which is based on Bandura’s theory.

[3]

(e) Carol may be referred to a behavioural psychologist.

(i) Discuss how the behaviourist perspective explains phobias like Carol’s.

Examiner Only	
Marks	Remark

[9]

Examiner Only	
Marks	Remark

[Turn over

(b) Meichenbaum applied the cognitive perspective to the treatment of stress. Discuss how his therapy works to alleviate stress.

[6]

Examiner Only	
Marks	Remark

(c) Explain two strengths and two weaknesses of cognitive therapies.

Strengths

1. _____

_____ [2]

2. _____

_____ [2]

Weaknesses

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

THIS IS THE END OF THE QUESTION PAPER

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