



ADVANCED SUBSIDIARY (AS)  
General Certificate of Education  
2010

Centre Number

71

Candidate Number

## Health and Social Care

### Assessment Unit AS 3

*assessing*

#### Unit 3: Health and Well-being

[A3H31]



A3H31

MONDAY 17 MAY, MORNING

#### TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.  
Answer **all three** questions.

#### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(d)**, **2(e)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's  
use only

Question Number	Marks
1	
2	
3	

Total  
Marks

1 Jean, a member of the travelling community, is in hospital recovering from an operation. She is experiencing stress because she dislikes being in hospital and her recovery is slow because of her general ill-health. When another patient made discriminatory remarks about Jean, the staff nurse on duty immediately challenged her and this has not happened again.

(a) Define the following terms

Stress

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[2]

Ill-health

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[2]

Stigma

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[2]

Examiner Only	
Marks	Remark

**(b)** The National Health Service (NHS) is providing Jean with hospital care. Explain two other ways the NHS contributes to health and well-being.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

**(c)** Jean experienced discrimination as a result of remarks made about her by another patient. Explain three other ways a patient could experience discrimination in a health and social care setting.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

**(d)** Challenging unsuitable remarks is an example of anti-discriminatory practice. Analyse the impact of anti-discriminatory practice on patients like Jean in a hospital setting.

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[9]

Examiner Only	
Marks	Remark

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(e) Discuss the impact of any three occupational hazards on the **physical** health and well-being of an individual.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

2 After a three year study, the World Health Organization (WHO) concluded that social factors, rather than genetics, are to blame for huge variations in ill-health and life expectancy and that poor socio-economic circumstances equate to poor health. Sir Michael Marmot of WHO's Commission on the Social Determinants of Health stated, "People need the opportunity, the possibility, to take control of their lives – but the conditions need to be right to allow them to do that".

*Adapted from BBC News at [bbc.co.uk/news](http://bbc.co.uk/news)*

Examiner Only	
Marks	Remark

(a) WHO contributes to health and well-being on a worldwide basis. Write down the names of two statutory organisations responsible for health and well-being in this country.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(b) Social class is one example of a socio-economic factor. List four other socio-economic factors that affect health and well-being.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

4. \_\_\_\_\_ [1]

(c) Explain two ways the **physical** health and well-being of an individual can be affected by genetic inheritance.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]











- (b) (i)** Consider a health promotion campaign you have studied. Identify the health issue and write down three targets it was attempting to address.

Health issue

\_\_\_\_\_

Targets of the campaign

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

- (ii)** Explain three ways the campaign attempted to get its message across.

1. \_\_\_\_\_ [2]

2. \_\_\_\_\_ [2]

3. \_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(c) Describe each of the following approaches to health promotion.

The behaviour change approach

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[3]

The medical approach

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[3]

The social approach

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[3]

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Marks	Remark

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