



Rewarding Learning
ADVANCED
 General Certificate of Education
 2012

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit A2 12

assessing

Unit 12: Understanding Human Behaviour

[A6H61]

FRIDAY 8 JUNE, MORNING



A6H61

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(c)** and **3(a)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

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1 According to the World Health Organisation “Social and psychological circumstances can cause long-term stress. Continuing anxiety, insecurity, low self-esteem, social isolation and lack of control over work and home life, have powerful effects on health.”

http://www.euro.who.int/_data/assets/pdf_file/0005/98438/e81384.pdf

(a) Identify two symptoms that would suggest an individual is suffering from stress.

1. _____ [1]

2. _____ [1]

(b) Discuss how each of the following socio-economic factors might contribute to stress.

Occupation

_____ [3]

Housing and environment

_____ [3]

Examiner Only	
Marks	Remark

Class

Examiner Only	
Marks	Remark

(c) (i) Eysenck believes that the way individuals respond to stress is determined by their inherited personalities. Discuss the biological basis of neuroticism in Eysenck's theory.

(ii) Eysenck's other major measure of personality is extraversion. Discuss the biological basis for an individual being extraverted or introverted according to his theory.

- (d) Discuss how the biological perspective contributes to the treatment of stress using the following headings.

A drug treatment

[3]

Biofeedback

[3]

Meditation

[3]

Examiner Only

Marks Remark

Marks	Remark

(e) Analyse the contribution of the humanistic perspective to understanding and treating stress.

Understanding

Examiner Only	
Marks	Remark

[9]

Treating

2 Sam, aged 7, has been displaying aggressive behaviour at home and at school. His foster parents are concerned that this is a result of his upbringing in a violent family and of being allowed to spend many hours playing unsuitable video games before he came to live with them. They feel he is continuing with this behaviour because it means he gets his own way when interacting with other children.

(a) Define the following psychological concepts and use them to explain Sam's aggression.

Modelling (Bandura)

Definition

[2]

How this explains Sam's aggression

[2]

The unconscious (Freud)

Definition

[2]

How this explains Sam's aggression

[2]

Examiner Only	
Marks	Remark

(b) Discuss how the following therapies could be used to help Sam.

Social skills training

[3]

Play therapy

[3]

(c) Analyse the contribution of the behaviourist perspective to understanding and dealing with Sam’s aggression.

Examiner Only	
Marks	Remark

(b) Use the table below to evaluate the three treatments for phobias by explaining one advantage and one disadvantage of each.

Treatment	Advantage	Disadvantage
Cognitive therapy	[2]	[2]
Modelling therapy	[2]	[2]
Psychoanalysis	[2]	[2]

Examiner Only	
Marks	Remark

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