



Rewarding Learning

ADVANCED  
General Certificate of Education  
January 2014

Centre Number

71

Candidate Number

## Health and Social Care

### Assessment Unit A2 12

*assessing*

#### Unit 12: Understanding Human Behaviour

[A6H61]

MONDAY 20 JANUARY, MORNING



A6H61

#### TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

#### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **1(f)**, **2(d)** and **3(c)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

1 One individual has described having a phobia as follows.

“I’ve had a phobia of injections since the age of four and desperately need help. I am now 23 and the phobia is worse than ever and I am desperate to be rid of it. I’m behind on immunisations, have possible lupus but cannot do the blood tests and live in constant fear of somehow having to have an injection.”

*Adapted from: <http://www.nhs.uk/Conditions/Phobias/Pages/Introduction.aspx>*

(a) Write down four symptoms this individual might experience if she had to have an injection.

1. \_\_\_\_\_ [1]
2. \_\_\_\_\_ [1]
3. \_\_\_\_\_ [1]
4. \_\_\_\_\_ [1]

(b) Complete the table below to demonstrate your understanding of how different perspectives in psychology view phobias.

Psychological perspective	How this perspective views phobias
[1]	Phobias are the result of unconscious processes.
[1]	Phobias occur as a result of a learned association between a stimulus and the fear response.
[1]	Phobias result from children imitating their parents’ reactions to the object of fear.

Examiner Only	
Marks	Remark

(c) Describe how modelling therapy could be used to help the individual who has a phobia of injections.

Multiple horizontal lines for writing the answer.

[6]

Table with columns: Examiners Only, Marks, Remark.

(d) Describe Ellis's ABC model of how phobias may develop and apply it to a phobia of injections.

Description of the ABC model

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[3]

Application to a phobia of injections

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[3]

Examiner Only	
Marks	Remark











2 According to one report “close to 90,000 people in Northern Ireland are using antidepressants on a monthly basis, and this is one in ten 35–64 year olds”.

*Adapted from: [http://www.centreforsocialjustice.org.uk/client/downloads/CSJ0032\\_Northern\\_Ireland\\_27.08\\_WEB.pdf](http://www.centreforsocialjustice.org.uk/client/downloads/CSJ0032_Northern_Ireland_27.08_WEB.pdf)*

(a) Identify one type of antidepressant and explain how it works.

Type of antidepressant

\_\_\_\_\_ [1]

How this type of antidepressant works

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(b) Evaluate the use of antidepressants for treating depression by explaining two advantages and two disadvantages of using drug treatments.

Advantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Disadvantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(c) Explain the following concepts from the humanistic perspective and apply them to depression.

**Conditional positive regard**

Explanation of concept

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[2]

Application to depression

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[3]

**Incongruence (sometimes known as incongruity)**

Explanation of concept

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[2]

Application to depression

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[3]

Examiner Only	
Marks	Remark

(d) Research has established that socio-economic factors can contribute to depression. Analyse how family, gender, poverty and education can influence depression.

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Examiner Only	
Marks	Remark

Blank lined area for writing.

Examiner Only	
Marks	Remark

[12]

3 (a) Write down the names of two eating disorders and identify two different behaviours associated with each.

Eating disorder 1 \_\_\_\_\_ [1]

Behaviours

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

Eating disorder 2 \_\_\_\_\_ [1]

Behaviours

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

Examiner Only	
Marks	Remark







A series of 25 horizontal lines for writing.

Examiner Only

Marks Remark

Table with 2 columns: Marks, Remark.



(d) Write down three weaknesses of psychoanalysis.

1. \_\_\_\_\_ [1]  
\_\_\_\_\_
2. \_\_\_\_\_ [1]  
\_\_\_\_\_
3. \_\_\_\_\_ [1]  
\_\_\_\_\_

Examiner Only	
Marks	Remark

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**THIS IS THE END OF THE QUESTION PAPER**

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