



Rewarding Learning

ADVANCED

General Certificate of Education

2016

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 12

assessing

Unit 12: Understanding Human Behaviour

[A6H61]

WEDNESDAY 25 MAY, MORNING



A6H61

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(d)**, **2(e)** and **3(c)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

1 (a) Identify the psychological perspectives being used to explain stress in the table below.

Explanation of stress	Perspective
Stress is caused by unconscious processes	[1]
Stress runs in families because children inherit their parents' genes	[1]
Stress is a learned response to stimuli in an individual's environment	[1]
Stress runs in families because children copy their parents' behaviours	[1]

(b) Write down four symptoms of stress.

1. _____ [1]
2. _____ [1]
3. _____ [1]
4. _____ [1]

(c) Describe how beta blockers work to reduce stress.

_____ [3]

Examiner Only	
Marks	Remark

(d) Describe how biofeedback can be used to reduce stress.

[3]

Examiner Only	
Marks	Remark

(e) Discuss how Meichenbaum’s Stress Inoculation Training (SIT) can be used to treat stress.

[6]

Examiner Only	
Marks	Remark

20 horizontal lines for writing.

Examiner Only	
Marks	Remark

[12]

(b) (i) Define the following concepts from the humanistic perspective.

Self-actualisation

_____ [2]

Conditional positive regard

_____ [2]

Conditions of worth

_____ [2]

(ii) Discuss how these concepts can be used to explain depression.

_____ [3]

Examiner Only	
Marks	Remark

[8]

Examiner Only	
Marks	Remark

3 The behaviourist perspective in psychology focuses on observable behaviour rather than internal thoughts and feelings. The two key theories of learning are classical and operant conditioning.

(a) Complete the table below to identify the two theorists in the behaviourist perspective.

Theory	Name of theorist
Classical conditioning	[1]
Operant conditioning	[1]

Examiner Only	
Marks	Remark

(b) Describe how behaviour modification can be used to reduce a child's aggressive behaviour.

[6]

Examiner Only	
Marks	Remark

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