



Centre Number

71

Candidate Number

General Certificate of Secondary Education
January 2015

Health and Social Care Single Award

Unit SA2: Personal Development

[GHS21]

THURSDAY 15 JANUARY, MORNING



TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in questions **2(c)(i)**, **3(a)(iii)** and **3(b)(i)**.

For Examiner's
use only

Question Number	Marks
1	
2	
3	

Total
Marks

1 Mathew aged 20 is in the life stage of early adulthood which is from 19 to 39 years.

(a) Complete the table below to identify the life stages Mathew has already passed through.

Life Stage	Age Range
[1]	from _____ to _____ years [2]
[1]	from _____ to _____ years [2]
[1]	from _____ to _____ years [2]

[9]

(b) Using the following headings discuss the expected patterns of development during early adulthood.

Physical development

[3]

Intellectual development

[3]

Examiner Only	
Marks	Remark

Emotional development

[3]

Social development

[3]

(c) Mathew enjoys his job as a plumber.



Explain how employment (working as a plumber) may have a positive effect on Mathew's self-esteem.

[2]

Examiner Only	
Marks	Remark

(d) Most weekends Mathew goes to a nightclub. He is concerned about the amount of alcohol taken by some of his friends.

Explain three different ways alcohol abuse may affect the physical health of an individual.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

(e) Explain how each of the following factors may have a positive effect on Mathew's self concept.

Age

_____ [2]

Appearance

_____ [2]

Examiner Only	
Marks	Remark

2 The Vasile family consists of Daniel aged 36, his wife Isabella aged 34 and three children, Maria aged 2, Anton aged 7 and Marius aged 11.

(a) Using the information given, write down two life changes both Daniel and Isabella have experienced.

1. _____ [1]

2. _____ [1]

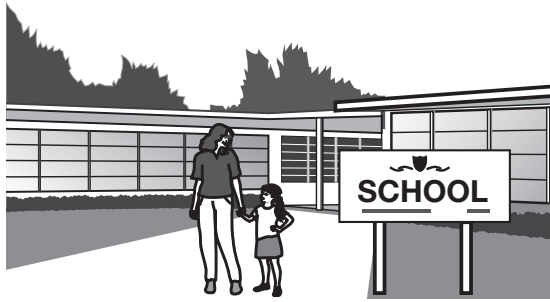
(b) Complete the table below to identify the types of relationships Isabella has.

Isabella's relationship with	Type of relationship
Her husband	
Her children	

[2]

Examiner Only	
Marks	Remark

(ii)



Maria will be starting school next year. Discuss how this life change may positively affect a child's emotional and intellectual development.

Emotional development

[3]

Intellectual development

[3]

Examiner Only	
Marks	Remark

(iii) Individuals may need support to cope with life changes.

Use the headings below to explain how Maria's family may help her cope with starting school.

Emotional support

[2]

Advice

[2]

Practical help

[2]

Examiner Only	
Marks	Remark

(d)



Anton enjoys bouncing on the trampoline and playing in a football team with his friends. Explain how taking exercise may have a positive effect on Anton's physical and social development.

Physical development

[2]

Social development

[2]

Examiner Only	
Marks	Remark

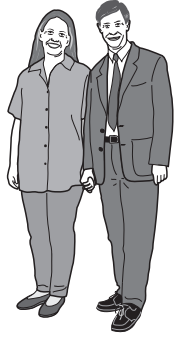
(e)



Discuss how education may affect Marius's self-concept.

[3]

Examiner Only	
Marks	Remark



Jack and Molly, both aged 55, are in the life stage of middle adulthood.

(a) (i) Discuss the expected pattern of physical development during middle adulthood.

[3]

Examiner Only	
Marks	Remark

- (ii) Jack and Molly have good relationships with their children and grandchildren and enjoy spending time with them.

Discuss how these relationships may positively affect Jack's and Molly's emotional and social development.

Emotional development

[3]

Social development

[3]

Examiner Only	
Marks	Remark

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