## 13. The use and abuse of drugs

#### Content

**13.1** Antibiotics **13.2 Effects of heroin** 

**13.3 Effects of alcohol** 

13.4 Effects of tobacco smoke

#### Learning outcomes

Candidates should be able to:

(a) define a drug as any externally administered substance that modifies or affects chemical reactions in the

body

(b) describe the medicinal use of antibiotics for the treatment of bacterial infection (c) describe the effects of the abuse of heroin: a powerful depressant, problems of addiction, severe

withdrawal symptoms and associated problems such as crime and infection, e.g. AIDS (d) describe the effects of excessive consumption of alcohol: reduced self-control, depressant, effect on

reaction times, damage to liver and social implications

(e) describe the effects of tobacco smoke and its major toxic components (nicotine, tar and carbon

monoxide) on health: strong association with bronchitis, emphysema, lung cancer and heart disease, and

the association between smoking during pregnancy and reduced birth weight of the A Indexed baby

(f) recognise the fact that many people regard smoking as no longer socially acceptable.

## O/N16/22/Q3

Table 3.1 shows the percentage of smokers in a particular country and the number of deaths from lung cancer in that country during the years 1920 to 2010.

| year | percentage of the<br>population that<br>were smokers | deaths from lung<br>cancer per 100,000<br>people |
|------|--|--|
| 920  | 30   | 100  |
| 1930 | 35   | 150  |
| 1940 | 45   | 200  |
| 1950 | 60   | 250  |
| 1960 | 40   | 550  |
| 1970 | 30   | 700  |
| 1980 | 25   | 800  |
| 1990 | 20   | 700  |
| 2000 | 20   | 525  |
| 2010 | 18   | 500  |

#### Table 3.1

(a) (i) Name the drug in tobacco smoke responsible for addiction.

......

[1]

(ii) Name a substance in tobacco smoke known to cause cancer.

(iii) Name a substance in tobacco smoke that affects the carriage of respiratory gases.

|      | The Use and Abuse of Drugs P2 questions               |
|------|---|
|      | 5   |
| (iv) | Explain why a pregnant woman is advised not to smoke. |
|      |   |
|      |   |
|      |   |
|      |   |
|      |   |
|      |   |
|      | [3]   |
|      | hs from lung cancer shown in Table 3.1.               |
|      |   |
|      | <u>^</u>  |
|      |   |
|      | - CO  |
|      |   |
|      |   |
|      |   |
|      |   |
|      | [4]   |
|      | [Total: 10]   |

# M/J16/21/Q9

| I | (a) | Defi | ine the term <i>drug</i> .   |
|---|-----|------|--|
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      | [3]  |
|   | (b) | (1)  | Describe the effects on health of smoking tobacco. In your answer, make reference to the effects of named toxic components of tobacco smoke. |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      | <u>C</u>   |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     | •    |  |
|   |     |      | [5]  |
|   |     | (II) | Suggest why many people regard smoking tobacco as no longer socially acceptable.   |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      |  |
|   |     |      | [Total: 10]  |

## M/J16/22/Q2(b)

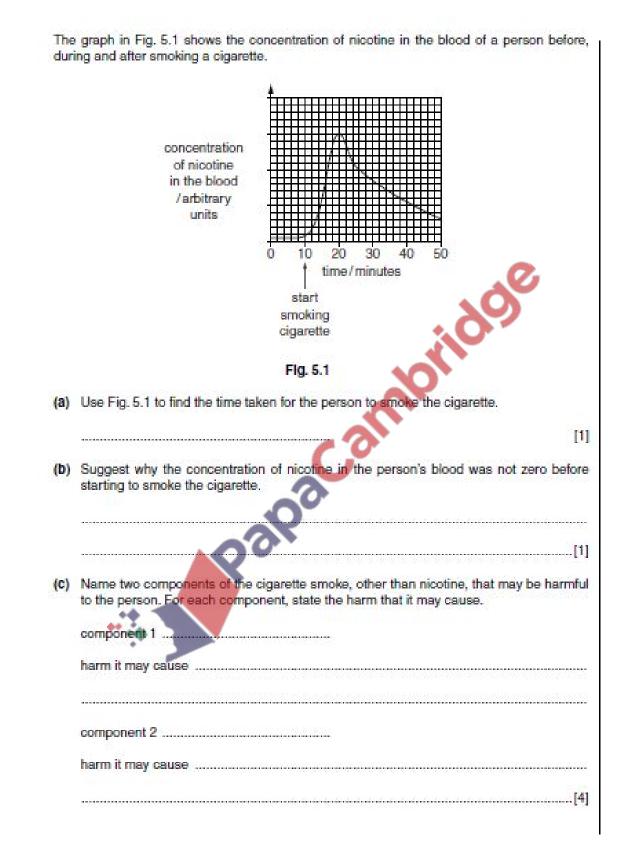
- ) Every day, babies are born suffering from severe withdrawal symptoms as a result of their mothers taking drugs during pregnancy.
  - (i) Name a drug which the mother may have taken during pregnancy that might cause these withdrawal symptoms.
  - [1]
  - (ii) Suggest how drugs taken by the mother have been able to affect her developing fetus.

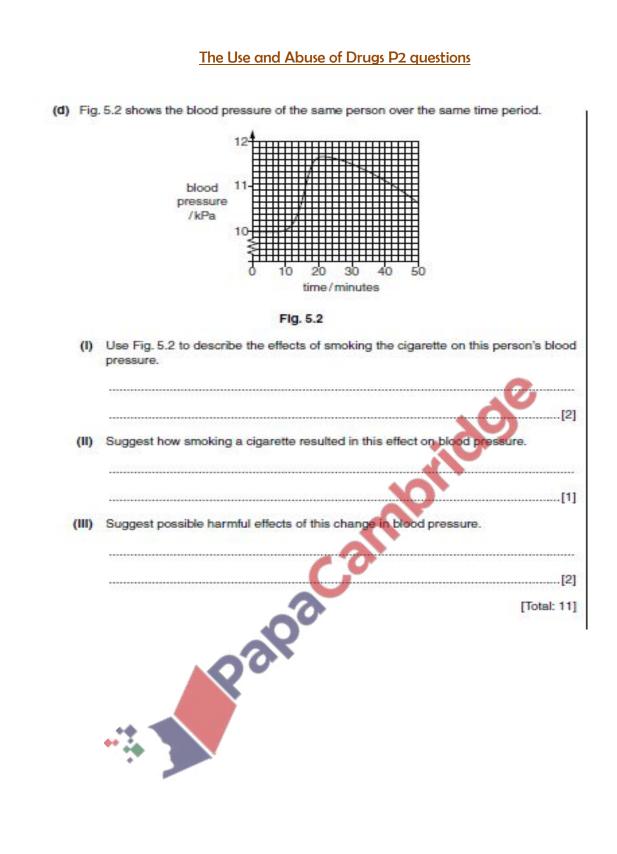
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|              |
| Papa<br>Rapa |
|              |

## M/J15/21/Q4

(a) Define the term drug. \$ (b) Fig. 4.1 shows some of the organs of a person that can be affected by the use of drugs. D 10.96 lung E Fig. 4.1 Complete Table 4.1 by naming organs D and E and by giving one effect of each drug on the named organ. Table 4.1 organ label m: drug one effect of drug on Fig. 4.1 heroin alcohol [4] (c) (i) Name two toxic components of tobacco smoke. 1 ..... [2] State the likely effect on her baby if a mother smokes tobacco throughout pregnancy. ...... [Total: 9]

## O/N12/22/Q5

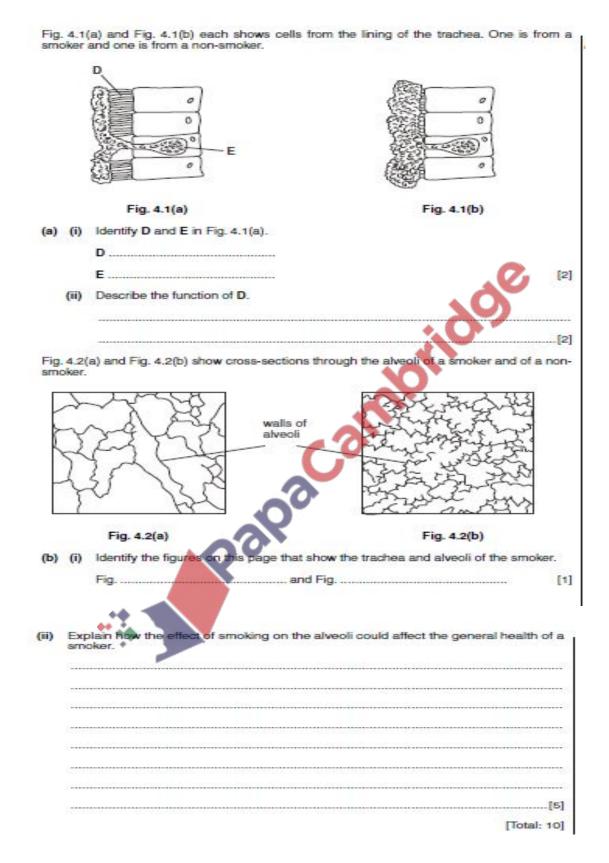




# M/J11/22/Q8

| (a) | Define the term drug.                                       |
|-----|---|
|     |   |
|     | [3]   |
| (b) | Describe the possible effects of the abuse of a named drug. |
|     |   |
|     |   |
|     |   |
|     |   |
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|     |   |
|     |   |
|     |   |
|     | [Total: 10]   |

## M/J11/21/Q4



## M/J07/P2/Q8

| 8 | Either | Define a <i>drug.</i>                         | [2]   |
|---|--------|---|-------|
|   |        | Explain the effects of the abuse of:          |       |
|   |        | (i) alcohol, and                              |       |
|   |        | ii) heroin.                                   | [8]   |
|   |        | [Total  | : 10] |
| 8 | Or     | in why smoking is no longer regarded as       |       |
|   |        | advisable for the maintenance of good health, | [8]   |
|   |        | socially acceptable.                          | [2]   |
|   |        | socially acceptable.                          | : 10] |
|   |        |   |       |
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|   |        |   |       |

Mark schemes will use these abbreviations:

; separates marking points

I alternatives

() contents of brackets are not required but should be implied

R reject

A accept (for answers correctly cued by the question, or guidance for examiners) Ig ignore (for incorrect but irrelevant responses)

AW alternative wording (where responses vary more than usual)

**AVP** alternative valid point (where a greater than usual variety of responses is expected)

**ORA** or reverse argument

**underline** actual word underlined must be used by candidate (grammatical variants excepted)

+ statements on both sides of the + are needed for that mark

## O/N16/22/Q3

3(a)(i) nicotine ; 1

3(a)(ii) tar / named carcinogen ; 1 A any other named carcinogen in tobacco smoke

3(a)(iii) carbon monoxide / CO ; 1

3(a)(iv) 1 carbon monoxide combining with

haemoglobin / nicotine narrows blood vessels ;

2 decreasing O<sub>2</sub> carriage / less O<sub>2</sub> absorption;

3 substances pass from mother's blood to fetus'

blood / reference to substances across placenta;

4 impaired development / born underweight / stunted

growth / damage to brain / stillbirth / premature birth ;

3(b) 1 both rise + until 1950;

2 people unaware of the link / education AW ;

3 1950 / 60 – 1980 + fall in smoking + continued rise in deaths ;

4 cancer can take a long time to develop AW ;

5 due to passive smoking / cancer caused by other factors ;

6 since 1980 + both falling ;

7 better diagnosis / treatment / drugs ;

8 low tar cigarettes / better filters / e-cigarettes ; Total 10

## M/J16/21/Q9

9 (a) externally administered ; substance / chemical ; (that) modifies / affects / changes ; (the) chemical reactions (in the body) ; [max 3]

(b) (i) nicotine ; addictive ;

carbon monoxide ; reduced oxygen carrying capacity of blood ; reference to underweight babies AW ; tar; cough / emphysema / bronchitis ; explanation of mechanism of one of the above e.g. cilia damaged / alveoli damaged / mucous lining blocked by tar; correctly named cancer (e.g. lung / throat); reference to cardiovascular disease / increases blood -st; -J **N//J16/22/Q2(b)** (b) (i) heroin / alcohol / nicotine / named addictive drug ; [1] ii) Ig reference to named drug/ ubstance (e.g. CO, tar) vother's blood ; <sup>f</sup>usion ; ross or the us / <sup>k</sup> pressure :

fetus / baby / embryo + blood ; umbilical cord / umbilical vein ; R umbilical artery [max 4] [Total 9]

## M/J15/21/Q4

4 (a) externally administered ; substance : modifies / affects chemical reactions in body;

[max 2] (b) brain; depressant; liver ; ref. damage ; A named parts of brain A named, e.g. cirrhosis / liver failure / fatty liver disease [4] (c) (i) nicotine ; tar : carbon monoxide; [max 2] (ii) reduced birth weight ; A premature birth / breathing problems [1]

## O/N12/22/Q5

oridoe 5 (a) 10/11 minutes; [1] (b) smoker/has recently smoked/passive smoking; [1] (c) Any 2 from: carbon monoxide/CO; affect on O<sub>2</sub> carriage/fatty deposits in walls of bvs; carbon dixide/CO<sub>2</sub>; prevents loss of CO<sub>2</sub> from blood; tar: carcinogenic properties/lung cancer/inhibits gaseous diffusion/damages alveolar walls [4] or cilia; (d) (i) increase; followed by decrease: reading from graph with units; [Max 2] (ii) arterial constriction, fat deposits or diameter reduction/heart rate increases/heart pumps harder or faster AW; [1] (iii) prolonged raised pressure/cumulative effect; damage to capillaries/ref. thin walls of capillaries; any relevant effect e.g. damage to kidneys/brain/heart/blood vessels; [Max 2] [Total: 11]

## M/J11/22/Q8

8 (a) externally administered or taken; chemical / substance; modifies or affects / alters; metabolism / chemical reactions in the body; [max. 3] (b) Apply a maximum of 3 marks if drug is un-named \*named drug;

\*positive effect on person (i.e. reason for taking it);

tolerance / increased dosage for same effect; dependence / addiction; withdrawal symptoms; crime (e.g. drink driving); funding the habit / financial implications; effects on addict's family / \*society; \*adverse effects on health of addict from drug or means of taking it; [max. 7] (R death) (\* These marks are available for answers relating to the misuse of antibiotics.) [Total: 10]

## M/J10/21/Q4

4 (a) (i) D cilia ; E goblet (cell) / mucus (-producing cell) / gland (cell) ; [2] (ii) ref. beating / AW; pridoe moving mucus + towards throat / upwards / away from lungs ; containing germs / dirt ; [2] (b) (i) Fig. 4.1(b) + Fig. 4.2(a) (A in either order); [1] (ii) carcinogenic / AW; tar + impervious to gases ; emphysema / break down of alveoli walls ; reduced surface area; less O<sub>2</sub> absorption / to red blood cells / body cells ; Papa contraction of the second named affected organ (e.g. extremities / brain / heart) effect on (named) organ; tiredness / shortness of breath ; [5 max]

M/J07/P2/Q8

- 8E (a) externally administered substance AW / chemical which modifies / changes / affects metabolism / chemical reactions in the body AW (could be of bacteria)
  - (b) (alcohol) reduces self-control / removes inhibitions <u>depressant</u> / ref. nervous system slower reaction times or any named effect liver damage / cirrhosis / other named condition \*expense \*social implications / crime (heroin) <u>depressant</u> / ref. nervous system \*addiction / greater quantities for same effect / habituation / tolerance withdrawal symptoms AW needle-sharing AIDS / hepatitis (Points marked \* score *either* for alcohol *or* for heroin)
- 80 (a) nicotine

\*craving / addiction / agglutination or clotting of RBCs / increased blood pressure / increased heart rate / vasoconstriction / increased blood fat / atheroma AW / arteriosclerosis / effect on fetus (\*All must be with ref. nicotine)

#### tar

decreased O<sub>2</sub> uptake (must be with ref. tar) lung or any named correct form of cancer caused by ta

CO

decreased O2 carriage (must be related to CO

points not tied to any particular constituent: emphysema / bronchitis / cough / destruction of cilia heart disease / heart attack / stroke / atheroma (if not given above) less O<sub>2</sub> to fetus miscarriage / small / underweight babies (R underdeveloped)