### <u>Human nutrition – 2022 November O Level 5090</u>

#### 1. Nov/2022/Paper\_12/No.9

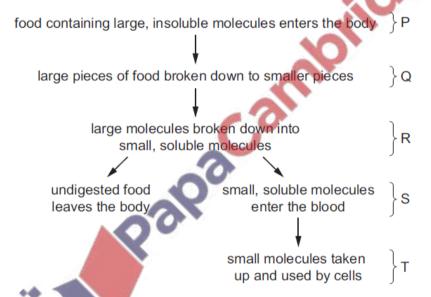
A lack of certain minerals and vitamins can lead to deficiency diseases.

Which row shows the correct symptoms of such diseases?

	deficiencies in diet	symptoms in body			
Α	calcium and vitamin C	too few red blood cells and deformed bones			
В	calcium and vitamin D brittle bones and bleeding gums				
С	iron and vitamin C	brittle bones and bleeding gums			
D	iron and vitamin D	too few red blood cells and deformed bones			

#### **2.** Nov/2022/Paper\_12/No.10

The diagram shows how food is processed in the human alimentary canal.



Which row correctly identifies the named stages?

	absorption	assimilation	enzyme digestion
Α	Р	S	Т
В	Р	S	Q
С	S	Р	Q
D	S	Т	R

	В	conversion of glycogen to glucose							
	С	formation of urea							
	D	secretion of digestive enzymes							
4.	Nov/	2022/Paper_21/No.8(a, b)							
Malnutrition is a global problem. In early 2020 the world population was approximately 7.8 billion people. Of these it is									
	tna	t 1.9 billion adults were overweight and 462 million underweight.							
	(a)	Explain what is meant by a balanced diet and outline its components.							
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			[4]						
	(b)	Discuss the effects on health of being underweight and of being overweight.							
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**3.** Nov/2022/Paper\_12/No.11
Which function is **not** carried out by the liver?

A breakdown of alcohol

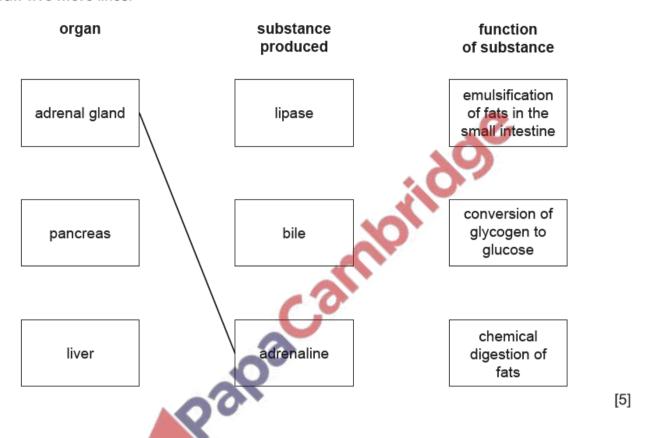
## **5.** Nov/2022/Paper\_22/No.1

Organs in the human body produce substances which have specific functions.

Draw lines to link each organ with the substance it produces **and** to link each substance with the description of its function.

One line has been drawn for you.

Draw five more lines.



# 6. Nov/2022/Paper\_22/No.3b(ii)

(ii) The low concentration of lactose sugar in yoghurt makes it a better food than milk for a person with lactose intolerance.

nclud	e a da	airy pro	oducts	such a	s yoghı	urt in the	diet.	intolerance		