5. Animal nutrition

Content

- 5.1 Nutrients
- 5.2 Diet
- 5.3 World food supplies
- 5.4 Human alimentary canal
- 5.5 Chemical digestion
- 5.6 Absorption and assimilation

Learning outcomes

Candidates should be able to:

- (a) list the chemical elements that make up:
- carbohydrates
- fats
- proteins

(b) describe tests for:

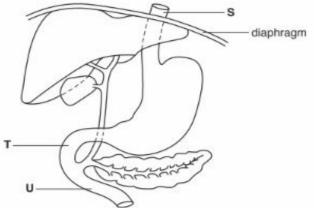
- starch (iodine in potassium iodide solution)
- reducing sugars (Benedict's solution)
- protein (biuret test)
- fats (ethanol emulsion test)
- (c) list the principal sources of, and describe the dietary importance of carbohydrates, fats, proteins, vitamins (C and D only), mineral salts (calcium and iron only), fibre (roughage) and water
- (d) name the diseases and describe the symptoms resulting from deficiencies of vitamin C (scurvy), vitamin D (rickets), calcium (rickets) and iron (anaemia)
- (e) understand the concept of a balanced diet
- (f) explain why diet, especially energy intake, should be related to age, sex and activity of an individual
- (g) state the effects of malnutrition in relation to starvation, heart disease, constipation and obesity (h) discuss the problems that contribute to famine (unequal distribution of food, drought and flooding,
- (n) discuss the problems that contribute to familie (unequal distribution of food, drought and flooding increasing population)
- (i) identify the main regions of the alimentary canal and the associated organs: mouth (buccal) cavity, salivary
- glands, oesophagus, stomach, duodenum, pancreas, gall bladder, liver, ileum, colon, rectum and anus
- (j) describe the main functions of these parts in relation to ingestion, digestion, absorption, assimilation and

egestion of food, as appropriate

- (k) identify the different types of human teeth and describe their structure and functions
- (1) state the causes of dental decay and describe the proper care of teeth
- (m) describe peristalsis
- (n) explain why most foods must be digested
- (o) describe:
- digestion in the alimentary canal
- the functions of a typical amylase, protease and lipase, listing the substrates and end-products
- (p) describe the structure of a villus, including the roles of capillaries and lacteals
- (q) describe the significance of villi in increasing the internal surface area

0/N18/21/Q7

The diagram shows a region of the alimentary canal and the associated organs.

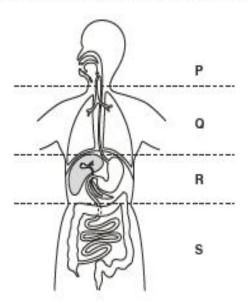


		U	2		
(a)	(i)	Identify part S.			2
		***************************************		(0)	[1]
	(ii)	Name and describe the pro-	cess which moves fo	od through part S	
				10,	

				0	
					[4]
(b)	(i)	Draw a ring around the co	rrect words to comple	ete the sentence below.	
		higher than	the same as	lower than	
		The pH at location U is		that at location T.	[1]
(ii) E	Explain how the pH at locati the diagram. Name these org	on U results from s	ecretions produced by organs	shown in
					[4]
]	Total: 10]

M/J18/22/Q5

The diagram shows a section through the human body divided into regions P, Q, R and S.



Complete the table below by matching the letters from the diagram to the statements in the table. There may be one or more than one letter for each statement.

contains an organ which	region or regions
produces an acidic secretion	R
contains villi	
digests protein	
produces insulin	
contains bronchi	
secretes amylase	
ingests food	

[6]

[Total: 6]

M/J18/22/Q9

(a)	Explain why most foods eaten by a human must be digested.			
	[4]			
(b)	Describe, with reference to the function(s) of named substances produced, the importance of each of the following organs in the process of digestion:			
	liver			
	40			
	pancreas			
	[6]			

0/N17/21/Q1

Fig. 1.1 shows four types of human teeth A, B, C and D.

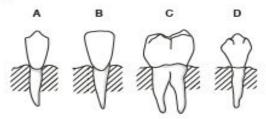
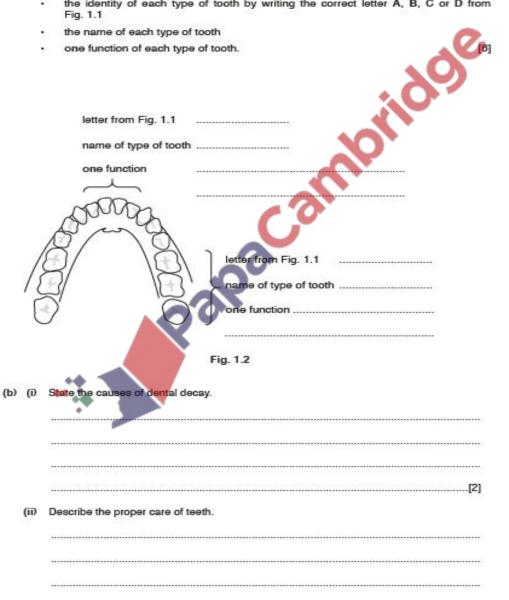


Fig. 1.1

- Fig. 1.2 below shows the arrangement of teeth in the lower jaw of a human.
- (a) Complete Fig. 1.2 to show the following for each of the two types of teeth indicated:
 - the identity of each type of tooth by writing the correct letter A, B, C or D from Fig. 1.1
 - the name of each type of tooth
 - one function of each type of tooth.



0/N17/21/Q8

(a)	With reference to specific examples, explain how and why diet should be related to the age and activity of an individual.				
	[4]				
(b)	Describe digestion in the human stomach.				
	[6]				

0/N17/22/Q7

(a)	Describe the causes and symptoms of each of the following:		
	(i)	rickets,	
		[4]	
	(ii)	scurvy.	
		[4]	
(b)	Sug	gest why the alimentary canal does not produce any enzymes to work on vitamins.	
		ron	
		[2]	
		[Total: 10]	

M/J17/22/Q2

Fou	Four of the stages associated with human nutrition are:					
		absorption	digestion	egestion	ingestion	
(a)	(i)	State the stage in nutr	rition that has no	t been included	in the list above.	
		***************************************				[1]
	Fig.	2.1 shows the human	alimentary canal			
			9			
			((
			//	\		
			(3)	7-0		
)		0
			(September)	20		10
				51	:08	7
				3}}		
			V	₹ <i>}</i>	101	
			, 12			
			Fig. 2	2.1		
	(ii)	On Fig. 2.1, use lines occur.	labelled A and E	to indicate who	ere egestion (A) an	d ingestion (B)
(b)	Sta	te a component of the o	diet that is digest blood.	ed in region C i	n Fig. 2.1, and when	re the products
	con	nponent				
	whe	ere products absorbed	Ov			[2]
(c)	Suc	gest the likely effect or	n digestion of rea	movina a perso	n's gall bladder	1-2
(0.		**	godion or ro	noving a poloc	no gan biadaoi.	
		**	7			••••••••••
	2000					
	2753					
	SU-10					[5]

0/N16/21/Q4

Table 4.1a shows some of the recommended dietary allowances for a child under the age of six months.

Table 4.1b shows part of the composition of bottle milk that may be fed to a child under the age of six months.

Table 4.1a

component	recommended dietary allowance
energy	2770 kJ
protein	13 g
vitamin C	30 mg
iron	6 mg

Table 4.1b

component	amount per 100 cm ³ of bottle milk
energy	277 kJ
fat	3.6 g
carbohydrate	7.3 g
protein	1.3g
vitamin C	3.0 mg
iron 🤚	0.6 mg

(a) (I) Calculate the volume of bottle milk that a child under the age of six months should be fed each day to obtain the recommended dietary allowance of each component listed in Table 4.1a.

You may use the space below to work out your answer.

	[2]
(II)	State and explain the health risks to a child who is fed less bottle milk each day than the volume you have calculated.
	•
	IA

(b)	(1)	Many mothers choose to feed their child breast milk rather than bottle milk.
		Describe some advantages of breast milk compared with bottle milk.
		[4]
	(H)	Suggest one reason why a mother may choose to feed her child bottle milk.
		[1]
		[Total: 11]
		Pala
	•	

M/J16/21/Q3

Digestion in the human alimentary canal is carried out by the action of enzymes. Each food group is the substrate for a specific enzyme.

(a) Fig. 3.1 shows diagrams that each represent the action of a specific enzyme to break down a substrate into one or more end products.

Diagram F in Fig. 3.1 has been completed for you.

Complete diagrams G and H in Fig. 3.1.

diagram F		
	name of enzyme protease where enzyme acts small intestine	
<i>protein</i> substrate		amino acide end product
diagram G		.0.
	name of enzyme	0
	where enzyme acts	
starch substrate		maltose end product
diagram H	A	
	name of enzyme lipase	
	where enzyme acts	
substrate		
	00	end products

Fia. 3.1

(b)	Amino acids are the end products of protein digestion. Describe what happens to these amino acids from the point of digestion until they reach the liver.

	[4]

[Total: 10]

[6]

M/J16/22/Q3

Table 3.1 is a list of some of the constituents of a healthy human diet.

Table 3.1

	_
constituent	70
carbohydrates	200
fats	
proteins	
mineral salts	200
fibre/roughage	
proteins mineral salts	

a)	State one of these constituents that
	(I) does not require digestion,[1]
	(II) is the body's main storage substance[1]
b)	Name two dietary constituents that are missing from the list in Table 3.1 and for each state two reasons for its importance in the diet.
	constituent:
	1
	2
	constituent:
	1
	2
	[6]
C)	The chimpanzee is an animal whose metabolism is very similar to that of a human, but one
•	type of chimpanzee lacks the gene responsible for the manufacture of amylase.
	Suggest how this will affect the diet of this type of chimpanzee.
	[2]

0/N15/21/Q6

(a)	Explain why most foods must be digested.
	[3]
(b)	Describe the digestion of fats.
	You should include reference to the following in your answer:
	named regions of the alimentary canal and associated organs
	named chemicals, including the end products of fat digestion.
	[m]
	[7] [7] [7]
	[Total. To]

0/N15/22/Q6

(a)	Describe the digestive processes that take place in the mouth (buccal) cavity of a human.
	[6]
(b)	Explain how food moves from the mouth (buccal) cavity to the stomach.
٠	
*	
	[4]

M/J15/21/Q6

Fig. 6.1 shows a structure found in part of the alimentary canal.

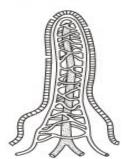
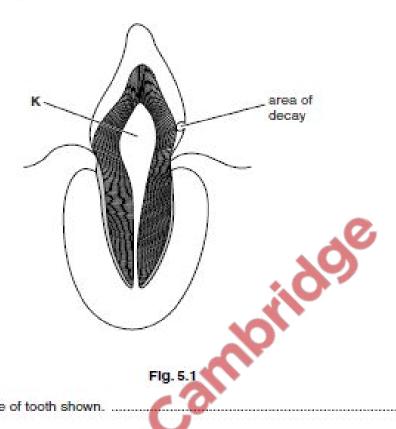


	Fig. 6.1								
a)	Name the structure shown in Fig. 6.1 and state the part of the alimentary canal in which it is found.								
	name of structure								
	location in alimentary canal								
(l) Explain the ways in which this structure is adapted to enable it to carry out its function.								
	* O *								
	[8]								

0/N14/21/Q5

Fig. 5.1 shows a decaying tooth.



(a)	Name the type of tooth shown. [1]
(b)	Name two structures that are found in region K.
	1
	2 [2]
(C)	Explain the causes of the decay shown in Fig. 5.1.
	<u></u>
	[4]

(d) Two different regions were studied to see the effect of fluoridation of drinking water on the mean number of decayed teeth in children living in those regions.

In region L, the percentage of children drinking fluoridated water gradually increased over a 30-year period. In region M, no fluoride was added to the drinking water over the same period.

Table 5.1 shows the mean number of decayed teeth per child in each region. It also shows the percentage of children drinking fluoridated water in region L.

Table 5.1

201	reg	region M	
date	percentage	mean number	mean number
1970	28	3.9	2.1
1980	32	3.3	1.9
1990	38	2.7	1.8
2000	60	1.2	1.6

(I)	State the effect of adding fluoride to the water supplies in region L. [1]
(II)	Suggest three possible reasons for the results shown for children in region M.
	1
	2
	3
	[3]
	[Total: 11]
	•

ON14/22/Q2

Fig. 2.1 shows parts of the alimentary canal that lie in the upper part of the human body.

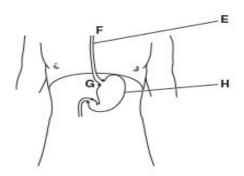


Fig. 2.1

(a)	(i)	Name the part labelled E
	(ii)	Name the process that carries food from F to G
(b)	Sug	ggest why the walls of part H are normally coated with mucus.
		70
		[5]
c)		netimes, particularly when a person is lying flat, partly digested food returns into structure rough, the valve at G. This can cause discomfort known as heartburn.
	(i)	Suggest why heartburn is not a biologically accurate name for this condition.
	(1)	Suggest with the attourn is not a biologically accurate hame for this conductri.
		[1]
	(ii)	Suggest and explain why medications for this condition are often alkaline in nature.
		[2]
		[Total: 10]

M/J14/22/Q8(a)

 			XV.
 			2
 		·····	
 		8	
 		0	
	apa		
18	9.4		

M/J14/22/Q9

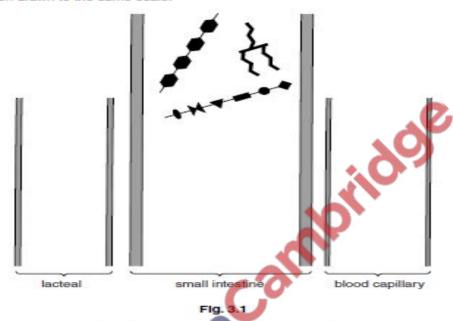
	(i)	a high-fat diet
		. 0,
		20
	(ii)	a low-protein diet
(b)	Ехр	plain why women may sometimes require iron supplements to their diet.
	257	
	25/05	Į ₂
	44-6	

0/N13/21/Q3

	Name	two	constituents	of	a	diet	that	are	absorbed	without	digestion.	For	each
	constitu	uent.	name the par	t of	the	e alin	nenta	ry ca	nal in which	h it is ab	sorbed.		

constituent 1	absorbed in		
constituent 2	absorbed in	[2]	

- (b) Suggest a constituent of a healthy diet that is never absorbed.[1]
- (c) Fig. 3.1 is a diagrammatic representation of the small intestine containing three types of food molecule, a fat, a carbohydrate and a protein, before they have been digested. Fig. 3.1 also shows a lacteal and a capillary. The different features in Fig. 3.1 have not been drawn to the same scale.



On Fig. 3.1, draw and label the molecules as they would appear after they have been digested and then absorbed by the lacteal and by the capillary. [4]

- (d) Some absorbed molecules travel directly to the liver.
 - (I) Name three of these molecules.

(II) Explain how these molecules are carried to the liver.

[2]

[Total: 12]

[3]

M/J13/21/Q1

(a) Table 1.1 lists the daily requirements for some of the components in the diet of a young child.

Table 1.1

diet component	daily requirement
energy	8 MJ
fat	50 g
protein	19g
vitamin C	25 mg
vitamin D	0.005 mg
calcium	800 mg
iron	10 mg

	State two components, other than those in Table 1.1, that are required in a badiet.	ıl <mark>ance</mark> d
	1	
	2	
	(3)	[2]
b)	Malnutrition is common in countries where there is famine.	
	List two problems that may contribute to famine.	
	1	
	2	[2]
	······································	[-]

(c) Fig. 1.1 shows the label from the packet of a type of food sometimes fed to young children suffering from severe malnutrition.

Emergency Famine Food

92 g pack (provides 2.0 MJ)

Ready to use - does not require water or refrigeration

Contains: peanut paste, vegetable oil, powdered milk, powdered sugar, vitamins (including C and D), minerals (including iron and calcium)

Date of manufacture: June 2012 Use within 2 years

Fig. 1.1

(i)	State three effects of malnutrition which may occur in young children.
	1
	2
	3
(ii)	Explain how this emergency famine food helps to overcome the effects of malnutrition.
	[4]
,	[Total: 11]

M/J13/22/Q2

In 1822, a man, Alexis Bidagan, suffered an injury from a gun fired at close range. The injury was in the form of a hole about 10cm in diameter, penetrating both his chest and stomach walls, below his diaphragm. When the wound healed, the edge of the hole in his stomach sealed itself with the edge of the hole in his chest wall. Fig. 2.1 shows the position of the opening that remained to Alexis's stomach until he died 58 years later.

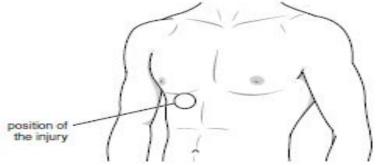
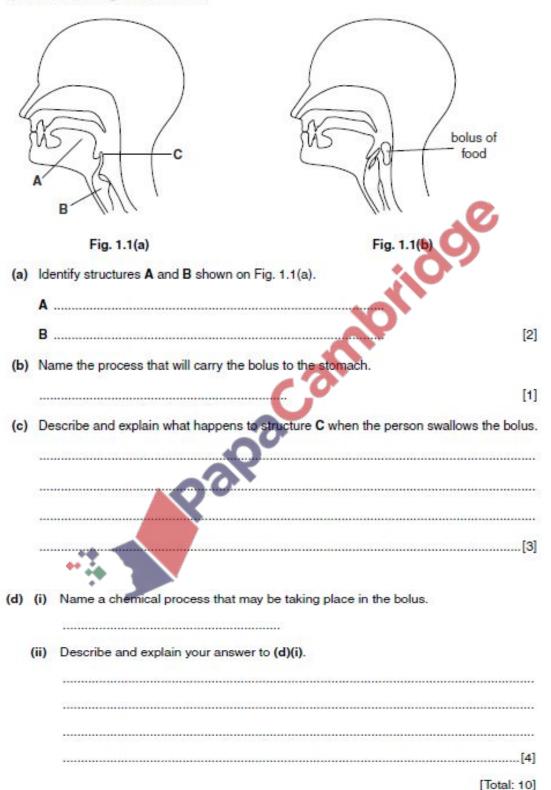


	Fig. 2.1	100
1	Name two organs, other than the stomach, that would have been through the hole before the wound healed.	en exposed to infect
7	1	0
**	2	
-	Suggest why there would have been less chance of the inside of from an infection than other organs.	f his stomach suffer
	40	X-12/4/
	f the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
e	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	
	If the wound had extended above his diaphragm, explain whexperienced some breathing difficulties until the wound healed.	ny Alexis would ha

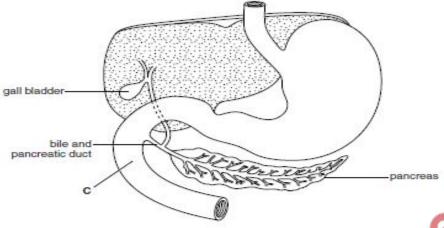
0/N12/22/Q1

Fig. 1.1(a) shows a section through a person's head and throat. Fig. 1.1(b) shows the same person swallowing a bolus of food.



M/J12/21/Q3(c and d)

Fig. 3.1 shows some of the main regions of the alimentary canal in a person.



	pancreas
	Fig. 1.1
	Fig. 3.1
(C)	State the name of region C.
(d)	One effect of cystic fibrosis is that the bile and pancreatic duct becomes blocked with mucus. Suggest why a person whose bile and pancreatic duct is blocked may find it difficult to gain weight despite eating a balanced diet.
	[4]
	[Total: 10]

M/J12/21/Q5

(a) Fig. 5.1 shows the arrangement of teeth in the lower jaw of an adult person.

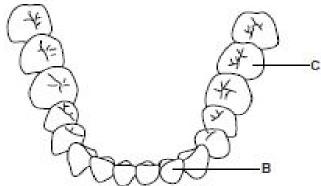


		Fig. 5.1
	Ider	ntify the types of teeth labelled B and C and state one function of each
	type	. в
	func	tion[2]
	type	• C
	func	tion[2]
(b)		ing a single day two people ate the same amount of food containing a large amount arbohydrate.
		son D ate the food in three equal portions at 7.00 am, 1.00 pm and 8.00 pm, following the brushed his teeth using toothcaste before going to bed.
	Pen brus	son E ate the food in smaller portions more frequently during the day and did not sh her teeth before going to bed.
	(i)	List the chemical elements that make up carbohydrates.
		[1]
	(iii)	If persons D and E continue their eating habits for several years, suggest in which person dental decay will occur first. Explain your reasoning.
		explanation
		[3]
		[Total: B]

M/J12/22/Q2

Fig. 2.1 shows some of the information on the packets of two breakfast cereals.

Cereal C

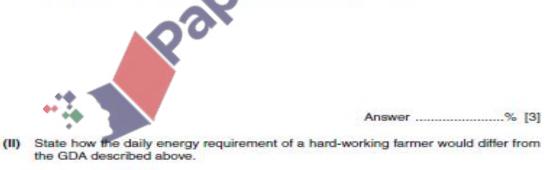
Cereal D

***	e per 100 g
ENERGY	1623 kJ
PROTEIN	13g
CARBOHYDRATE of which sugars starch	78g 24g 54g
FAT of which saturates	1.5g 0.5g
FIBRE	2.50
SODIUM	0.4g 1g
VITAMINS: VITAMIN D VITAMIN C THIAMIN (B ₁) RIBOFLAVIN (B ₂) NIACIN VITAMIN B ₁ FOLIC ACID VITAMIN B ₁₂	(% GDA) 7.4 µg (147) 88 mg (147) 2.1 mg (147) 2.4 mg (147) 26.5 mg (147) 2.9 mg (147) 2.9 μg (147) 1.47 µg (147)
MINERALS:	16.2mg (73)

Nutrition In	formation
Typical valu	
ENERGY	1600kJ
PROTEIN	10 g
CARBOHYDRATE	68 g
of which sugars	20 g
starch	48 0
FAT	5 g
of which saturates	0.9g
FIBRE	90
SODIUM	0.01g
SALT	0.03g
VITAMINS:	(% GDA)
THIAMIN (B ₁)	1 mg (73)
RIBOFLAVIN (B ₂)	2.3mg (145)
NIACIN	13.1 mg (73)
VITAMIN B ₆	2.9mg (145)
FOLIC ACID	290 µg (145)
VITAMIN B ₁₂	0.73 µg (73)
MINERALS:	1
IRON	10.2 mg (73)

Flg. 2.1

- (a) The Guideline Daily Amount (GDA) of energy for an average adult is 8 400 kJ.
 - Calculate the percentage of this GDA a person would obtain by eating one 25g serving of Cereal D. Show your working in the space provided.



[1]

w

) Ric	kets is a condition that affects some children.
(1)	Describe the symptoms of rickets.
(II)	State which cereal, C or D, should be eaten by children to prevent rickets and explain your answer.
	cereal
	explanation
	[2]
	[Total: 9]
	[Total: 9]
	200

Mark Scheme

; separates marking points
/alternatives
() contents of brackets are not required but should be implied
Rreject
A accept (for answers correctly cued by the question, or guidance for examiners)
Ig ignore (for incorrect but irrelevant responses)
AW alternative wording (where responses vary more than usual)
AVP alternative valid point (where a greater than usual variety of responses is expected)
ORA or reverse argument
underline actual word underlined must be used by candidate
+ statements on both sides of the
+ are needed for that mark
O/N18/21/Q7
O/N18/21/Q7 7(a)(i) oesophagus / gullet; 1 7(a)(ii) peristalsis; wave of / rhythmic + contraction;
7(a)(ii) peristalsis;
wave of / rhythmic + contraction;
circular muscles;
behind / pushing (food);
Ig longitudinal muscles
7(b)(i) higher than; 1
7(b)(ii) liver;
bile;
pancreas;
pancreatic juice / secretions / hydrogencarbonate;
bile / pancreatic juice
+ alkaline / high pH;
4 Ig gall bladder

A any pH above 7

1(b)(ii) reference to brushing;

```
M/J18/22/Q5
5
contains an organ which region or regions
□ produces an acidic secretion (R)
□ contains villi R / S;
□ digests protein R / S;
□ produces insulin R;
□ contains bronchi Q;
□ secretes amylase P + R;
☐ ingests food P;
M/J18/22/Q9
9(a) 1 broken down / hydrolysed;
2 (to) small / smaller / simpler + molecules;
3 soluble / dissolve;
4 (to enable) absorption;
5 (by) diffusion / active transport;
6 into + blood / capillaries;
7 into + lymph/ lacteal;
8 (to enable) assimilation or named small to named large molecule;
9(b) (either liver or pancreas)
1 neutralisation;
2 optimum AW pH for enzyme activity or avoid denaturation of enzymes;
(liver only)
3 bile;
4 emulsification + fats or large fat droplets into smaller droplets AW;
5 increased surface area;
6 lipase + production AW of fatty acids and glycerol;
(pancreas only)
7 production / release + enzymes
8 protease / trypsin / lipase/ amylase;
9 named substrate + named products for a correct named enzyme;
10 production of + alkali / hydrogencarbonate / bicarbonate;
O/N17/21/Q1
1(a) B;
incisor;
biting / cutting / tearing / gripping;
C;
molar;
chewing / crushing / grinding;
1(b)(i) sugar;
bacteria;
respiration;
acid:
plaque;
2 A named sugar, Ig sweets
```

```
flossing;
fluoride;
reference to dental check-ups;
2
A fluorine
O/N17/21/Q8
8(a) active + more energy;
reference to carbohydrates / fats;
child AW + growth;
reference to protein / calcium / vitamin D;
(post-pubertal AW) female + iron;
reference to menstrual loss of blood;
old person + less growth / less active / no menstruation;
reference to reduced need for correct named nutrient;
4 marks are linked in pairs
8(b) muscle + wall;
contracts / churn / mechanical digestion;
acid:
optimum AW pH;
enzyme;
protease / pepsin;
protein(s):
to amino acids / (poly)peptides;
6 answer must refer to the stomach and not other
parts of the alimentary canal
O/N17/22/Q7
7(a)(i) (causes)
1 children;
2 lack / deficiency AW + calcium
3 lack / deficiency AW + vitamin D;
4 lack of any reasonable named food containing calcium / vitamin D;
5 lack of sunlight;
(symptoms)
6 bones + soft / weak / bent / brittle / likely to fracture / do not develop
properly; 👐
7 teeth + soft / decay / do not develop properly AW;
8 bowed legs;
7(a)(ii) (causes)
1 lack / deficiency AW + vitamin C;
2 lack of any reasonable named food containing vitamin C;
(symptoms)
3 gums bleed;
4 teeth loose / fall out;
5 wound healing slow / poor;
6 joint pain;
7 shortness of breath:
8 rough AW skin / weak connective tissue / damaged AW epithelium;
7(b) 1 small / soluble / dissolved;
2 not digested / not broken down / already in simplest form;
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3 diffusion;
4 through + villi / capillary / cell membrane / partially AW permeable
membrane;
M/J17/22/Q2
2(a)(i) assimilation; 1
2(a)(ii) (egestion)
line ending / letter written below rectum + labelled 'A' / 'egestion';
(ingestion)
line ending / letter written to left of or inside mouth + labelled 'B' / 'ingestion';
2(b) (component) protein;
(where absorbed) ileum / small intestine / villi / capillaries;
2 R amino acids
Ig any reference to fat
A jejunum
2(c) 1 reference to bile (salts);
2 (bile) not stored:
3 less / slower + release (of bile);
4 less / slower + emulsification AW;
5 less / slower / not optimum + digestion (of fats) / (lipase) enzyme
6 fewer fatty acids / less glycerol + produced / absorbed;
7 incorrect pH / more acidic / less alkaline + in small intestine / duodenum;
O/N16/21/Q4
4(a)(i) 1000 / 1;
стз
/ dm<sub>3</sub>:
2 A 1 litre / 1 dm<sub>3</sub> for 2 marks
A ml in place of cm3, unit must match figure for second mark
4(a)(ii) malnutrition / deficiency disease;
lack of balanced diet;
reference to low / lack of energy (intake into body);
(leads to) general lethargy;
reference to lack of fat or carbohydrate (for energy):
reference to specified problem;
kwashiorkor / named symptom + lack of protein;
scurvy / named symptom + lack of vitamin C;
anaemia or described + lack of iron;
A muscle contraction / protein synthesis / cell division / active
transport / growth / passage of nerve impulses / maintenance
of a constant body temperature / mend or repair tissues
4(b)(i) sterile / not contaminated / no additives;
antibodies / hormones;
no need to warm / at correct temperature;
bonding between mother and child:
better proportions of nutrients AW;
does not cost money;
supply / availability on demand;
4
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4(b)(ii) lack of awareness of the

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benefits;
mother unable / chooses not to breast-feed;
reference to advertising by bottle milk providers;
not available to do so (e.g. at work / child in care);
infection / drug addiction / damaged nipples;
mother does not produce (enough) milk;
Total: 11
M/J16/22/Q3
3 (a) (i) mineral salts / fibre / roughage; [1]
(ii) fat / lipid; [1]
(b) constituent: water;
                                      Cambridge
reasons for importance:
solvent /
constituent of urine /
reference to chemical reactions /
constituent cells OR cyto-, protoplasm
OR blood /
temperature regulator OR sweating /
transporter /
osmoregulator AW /
prevents dehydration /
lubrication /
prevents constipation;;
constituent: (named) vitamin;
reasons for importance:
prevent deficiency disease AW /
reference to correct specified benefit
of any vitamin ;;
[1]
[max 2]
[1]
[max 2]
(c) little or no starch in diet / cannot digest
starch AW;
relies on sugar or named sugar AW;
(needs to) eat fruit / animals / fewer
plants;
may rely on fat / protein (for energy);
[max 2]
O/N15/21/Q6
6 (a) molecules large + must be converted to smaller;
insoluble + need to be converted to soluble / non-diffusible to
diffusible AW;
to be absorbed;
from (small) intestine / ileum;
into blood / capillaries / lymph / lacteals;
A across intestine wall / into villi
(b) bile from + liver / gall bladder / bile duct;
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ref. emulsification;
increased surface area;
ref. provision of optimum pH / alkaline conditions;
small intestine / duodenum;
lipase:
from pancreas;
fatty acids;
glycerol;
[max. 7]
O/N15/22/Q6
6 (a) any named tooth;
cut / tear food *;
crush / grind / smash food *;
                                      accantilloring and a second
ref. saliva(ry);
moistening / lubricating / softening;
ref. action of tongue;
ref. to (optimum) pH;
(salivary) amylase;
acts on starch;
changing it to maltose;
ref. terms mechanical / chemical + digestion; [max 6]
*A chew / masticate / bite / break
up alone for one mark
R crush / cut + molecules
A reducing sugar
(b) ref. swallowing;
peristalsis;
oesophagus / gullet ;
wave of / rhythmic contraction AW;
of circular muscles;
behind / pushing + food / bolus
[max 4]
I references to longitudinal
M/J15/21/Q6
6 (a) villus #villi;
small intestine / ileum ;
[2
(b) increased surface area;
many / good supply +
capillaries / blood;
lacteal:
absorption;
two marks for two correctly named
absorbed products ;;
one cell thick / thin walls :
reduced distance / increased speed of
molecular movement AW;
diffusion;
active transport;
goblet cells;
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mucus + lubricate AW;
production / release + enzymes;
ref digestion + named products;
O/N14/21/Q5
5 (a) Incisor / canine; [1]
(b) blood vessels or named;
nerves / nerve endings;
[2]
(c) sugar;
ref. bacteria;
(converted) to acid;
dissolves enamel;
teeth not cleaned / build-up of plaque / tartar;
weak enamel / ref. lack of Ca / F / vit. D :
[max. 4]
(d) (i) reduction in tooth decay; [1]
(ii) fluoride occurs naturally / addition in toothpaste;
diet with less carbohydrate;
better education / teeth cleaned more often ;
genetic differences / teeth less prone to acid attack;
[max. 3]
O/14//22/Q2
2 (a) (i) oesophagus / gullet; [1]
(ii) peristalsis; [1]
(b) ref. protection / barrier / prevents damage / breakdown / digestion;
of walls;
acid / HC1;
ref. protease;
walls are made of protein;
ref. lubrication;
[max. 5]
(c) (i) heart not involved / no connection between E and the heart / AW; [1]
(ii) less mucus in E;
acid (from stomach);
(acid) damages the cells / walls;
(acid) neutralised (by the medication);
[max. 2]
```

M/J14/22/Q8(a)

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(a) muscles;
circular;
contract;
behind food;
longitudinal;
relax behind food / contract in front of food;
pushing / forcing / squeezing (bolus / AW);
wave action / rhythmic;
[6] R if mention of parts outside of alimentary canal,
e.g. trachea
R if mention of contraction of longitudinal muscles
behind food
lg moving
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M/J14/22/Q9

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9 (a) (i) obesity;
strain on skeleton / effect on joints;
strain on heart / pumps harder / pumps faster;
breathing difficulties;
risk of diabetes;
social implications / example, e.g. bullying, clothing;
atheroma / AW:
high blood pressure:
heart disease / heart attack / other cardiovascular condition /
AW;
[5]
R ref. in veins / on arteries
Ig blood vessels
A cholesterol
(ii)
poor muscle development;
stunted / poor growth;
heart failure;
lack of / deficiency in one named protein,
e.g. haemoglobin / antibodies / enzymes / hormones / thrombin ;
AVP, e.g. reduced / deficient RBC production / poor wound
healing / poor tissue / cell / organ repair / blood clotting /
anaemia;
[3] Reference to a negative effect required.
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O/N13/21/Q3

3 (a) water + any part of the alimentary canal after the oesophagus; ions / minerals / named + ileum: vitamins / named + ileum / colon glucose + ileum [max 2] A small intestine for ileum (b) fibre / roughage / cellulose / fruits / seeds / tomato skins / maize pericarps: [1] A any suitable named plant part (c) products drawn in correct absorptive vessel -All correct = 2 marks 2 correct = 1 mark ;; Palacantholidos all molecules totally digested; 2 products correctly named: [max 4] I any diagrams in the intestine R any products drawn in both capillaries and lacteals All bonds must be broken - a minimum of 3 products of each type required. (d) (i) amino acids; glucose/ other named monosaccharide; vitamins / named; ions / salts / minerals / named; water; [max 3] (ii) in solution; in blood / plasma; by (hepatic) portal vein; [max 2] M/J13/21/Q1 1 (a) Carbohydrate; Water; roughage / fibre; other named mineral / other named vitamin; [max 2] (b) (Environmental): Drought; Flooding: Infertile land e.g. poor soil structure; Natural disasters e.g. earthquakes/ very severe weather; (Political): Significant increase in population; unequal distribution / supply of food; poverty / economic breakdown;

war / political considerations; [max 2] Accept rain if qualified to suggest that it is below the required level for crop growth e.g. inadequate rainfall Ignore: tornadoes (c) (i) Diseases: Rickets; Scurvy; Kwashiorkor: Marasmus: beri-beri; Symptoms: stunted growth; Palpacamidos low body weight /death; weak/brittle bones; lowers immunity: anaemia: bleeding membranes; fatigue; obesity; [max 3] A any other relevant descriptions of **Symptoms** M/J13/22/Q2 2 (a) any 2 from: #duodenum / small intestine*; #ileum / small intestine*: #colon / large intestine; (# OR intestine for one mark) kidney; pancreas; liver; gall bladder; spleen; named blood vessel; Max 2 *credit (small intestine) once only. (b) bacteria / virus / fungus / microoganism / pathogen; (stomach contents) acid(ic) / ref. HCl; (and/or) enzyme / protease; destroys / kills / ref. wrong pH for growth (of microorganism or colony implied); Max 3 Ignore germs (c) chest / thorax no longer airtight; ref. intercostal muscles (damage or action); diaphragm (damage or action): correct volume / pressure reference; air drawn in / out through hole; lungs / alveoli damaged or infected; insufficient / less air or oxygen in lungs / not properly inflated; Max 5 [Total: 10]

O/N12/22/Q1

1 (a) A – tongue; B – larynx/voice box; [2] (b) peristalsis; [1] (c) closes/covers; trachea/windpipe/air passage/larynx/voice box/B; helped by raising of larynx AW; preventing the entry of food / preventing food going to lungs or respiratory system / prevents choking AW / allows food to enter oesophagus AW; [Max 3] (d) (i) digestion / enzymatic action / hydrolysis; & (ii) amylase; (from) saliva / salivary glands; starch: to maltose; neutralisation / ref. pH; [Max 4] (each marking point allowed under (i) or (ii)) [Total: 10]

M/J12/21/Q3(c and d)

(c) duodenum / small intestine; [1]

(d) reduction in enzymes / pancreatic juice entering duodenum;

correct ref. to (reduced) bile action;

less digestion / emulsification AW;

especially of fats;

fewer molecules to absorb / less absorption qualified;

and use for assimilation into larger molecules;

used in growth:

ref. less fat stored /AW; [4]

[Total: 10]

M/J12/21/Q5

5 (a) B incisor;
cutting / biting / nibbling R holding; [2]
C molar (R pre-molar / wisdom);
grinding / crushing / chewing R shearing; [2]
(b) (i) carbon + hydrogen + oxygen (A C H O); [1]
(ii) (person) E; [1]
(more frequent meals) allows more sugar build up on teeth;
no brushing to remove bacteria / sugar / plaque;
more acid contact with teeth;
ref. toothpaste is alkaline;
ref no / less neutralisation of acid; [2]
[Total: 8]
[Total: 50]

M/J12/22/Q2

```
2 (a) (i) Mark as follows:
Award 2 marks for a correct answer with no working;;
Award 3 marks for a correct answer with any working;;;
Award 2 marks max. for correct working with no or wrong answer;;
Answer: 4.7(6)(%) (A 4.7 / 4.8);;
Examples of correct working are as shown below:
4
1600
/OR 1600 ×
100
25
/ OR 400 (;)
8400
400
(;)[3]
(ii) higher (R ref. to higher GDA); [1]
(b) more or a high amount AW fibre / roughage; [1]
(c) (i) bones;
soft / weak / deformed / bent / ref. bandy legs : [2]
(R bent 'legs' – that is the effect of the knee joint.)
(Mark the first effect in a list)
(ii) C;
vitamin D / uptake of calcium / calcium used by bones AW; [max. 2]
```