



AS/A Level Home Economics

(Food, Nutrition and Health)

(Available for teaching from September 2008)

This new specification allows candidates to develop an understanding of issues relating to society and health, resource management, nutrition and food production.



What are the benefits to me and my students of delivering this OCR specification?

- Cuts the assessment burden on students with four units instead of six
- This new specification is an excellent preparation for students wishing to pursue careers in nutrition, food science, sports science, food technology and consumer protection
- Simple, straightforward assessment. At AS level both units are externally assessed. At A2 level one unit is externally assessed, one is a 3,000 word assignment
- External assessment is 1hr 30mins for each paper
- Emphasis on the practical aspects of home economics.

AS Level

| Unit title | Description | Mandatory/Optional? |
|------------------------|--|---------------------|
| Society and Health | Candidates gain an understanding of demography, family and society, environmental, social issues and health. | Mandatory |
| Resource Management | Candidates acquire a thorough knowledge of resources, food provision, selection and purchase of food and household goods, food preparation and cooking equipment, food safety and hygiene. | Mandatory |

A2 Level

| Unit title | Description | Mandatory/Optional? |
|----------------------------------|--|---------------------|
| Coursework Study | In this unit candidates select their own content and develop their own task. | Mandatory |
| Nutrition and Food Production | Candidates study nutrients and energy; nutritional and dietary needs of different groups of people; properties of food; design, development and production of food; advances in the food industry. | Mandatory |

How is this qualification assessed?

At AS level, both units are externally assessed. At A2 level, one unit is externally assessed, one is coursework.

Dates of first examinations

AS

First examination available from January 2009.

A2

First examination available from January 2010.

What support will I receive?

Training

There will be a programme of INSET training to support teachers of this specification.

Resources

You can download all the following resources from the OCR website – **www.ocr.org.uk.**

- Sample Assessment Material is available for all units
- Teacher guidance on how to address the assessment criteria for the coursework study
- Teacher guidance for coursework study is available in the specification.